



COMMUNITY

AGENCY	SERVICES, RESOURCES + PROGRAMS	IMPORTANT INFORMATION
CITY OF NEW WESTMINSTER	<p>Newcomers Guide to New Westminster (2018) A comprehensive guide that helps newcomers in accessing supports and services and how to navigate daily life in a new city.</p>	<p>604.521.3711 info@newwestcity.ca</p>
CITY OF NEW WESTMINSTER	<p>New Westminister Community Service Asset Map This map will help newcomers find out information about community, settlement and social services in New Westminister. http://newwestassetmap.ca/</p>	<p>604.521.3711 info@newwestcity.ca</p>
CITY OF NEW WESTMINSTER	<p>Newcomers Festival and Informational Fair The City of New Westminister and the WINS Local Immigration Partnership host a series of annual Newcomers Festival and Information Fairs - a welcoming, interactive and informative event for all newcomers. The event includes opportunities to:</p> <ul style="list-style-type: none"> • become familiar with civic facilities, programs and services • connect with community, settlement and social service organizations • facilitate mentorship and volunteer opportunities • learn about their new city and how to get involved in community life • participate in activities to build social connections 	<p>604.521.3711 info@newwestcity.ca</p>
CITY OF NEW WESTMINSTER	<p>Resource Summary Guide for Newcomers A comprehensive table that presents a summary of program information for Newcomer Supports in one single place making it easier for newcomers to navigate New Westminister.</p>	<p>ehuang@newwestcity.ca</p>
CITY OF NEW WESTMINSTER	<p>Welcoming and Inclusive New Westminister (WINS) The City has taken a leadership role in the coordination of settlement services in New Westminister. More specifically, the City chairs the</p>	<p>604.521.3711 info@newwestcity.ca</p>

	Welcoming and Inclusive New Westminster (WINS) Local Immigration Partnership Council, while providing support for its various action teams and activities.	
CITY OF NEW WESTMINSTER	<p>The Welcome Centre</p> <p>In this centre you'll find our Registration Team, ready to support and enroll new families entering the District. Thanks to a partnership with the City of New Westminster, you'll be able to connect with a City Navigator ... a reference specialist who can help local residents explore and connect with all that the City has to offer. For those families new to Canada, the City Navigator will be able to connect them with community and in-house supports and services, such as settlement workers who can provide support in a variety of languages.</p>	<p>welcome@sd40.bc.ca</p> <p>604-517-6266</p>
DEFYNE DEVELOPMENT	Our mission is to facilitate meaningful community connections that spark collective action. Our program areas are Anti-Racism, Diversity, Equity and Inclusion (DEI); and Connected Education.	dalhouseini@gmail.com
FAMILY SERVICES	<p>Community Kitchens</p> <p>Community Kitchens improve people's cooking and meal-preparation skills and teach budget-friendly, delicious, and nutritious recipes. These programs combat social isolation by connecting people with their neighbours to build community in a warm, welcoming environment.</p>	604 525 9144
ISS	<p>Community Connections</p> <p>A range of service offerings to help you connect with others in your local community.</p>	<p>volunteernewwest@issbc.org</p> <ul style="list-style-type: none"> ○ <i>Permanent resident</i> ○ <i>Protected Person as defined in S. 95 of IRPA</i> ○ <i>Individuals who have been selected to become permanent residents, and who have been informed by a letter from IRCC</i> ○ <i>Live-in Caregiver or Temporary Foreign Worker</i> ○ <i>Provincial nominees who are still awaiting a letter of approval for permanent residency from IRCC</i> ○ <i>Naturalized Canadian citizen</i> ○ <i>Priority given to newcomers who have been in Canada five (5) years or less</i>
ISS	<p>Learning in Action</p> <p>Learn and practice English and explore your community with a volunteer.</p>	<p>604-522-5902</p> <ul style="list-style-type: none"> ○ <i>a LINC student at CLB 3 and higher</i>
LOWER MAINLAND PURPOSE SOCIETY	<p>Building Community & Connections</p> <p>An opportunity to meet new friends and learn about lived experiences. Build community and connections through arts, crafts and culture. Attend workshops about the Qayqayt First Nation, Cultural Café addressing discrimination and racism, etc.</p>	<p>778-727-0786 ext. 205</p> <p>mail@purposesociety.org</p>

	Childminding is available.	
LOWER MAINLAND PURPOSE SOCIETY	Welcoming and Inclusive New Westminster (WINS) Lead agency and contract holder for the Local Immigration Partnership, named Welcoming and Inclusive New West (WINS) Local Immigration Partnership.	778-727-0786 ext 206 janet.goosney@purposesociety.org
LOWER MAINLAND PURPOSE SOCIETY	SPOKES – Anti-Racism Projects Lead agency and contract holder for The Resilience BC Anti-Racism Network New Westminster Spoke.	778-727-0786 ext 206 janet.goosney@purposesociety.org
MOSAIC	Supporting Immigrants in Community Participation <u>The Social and Civic Opportunities: Pathways to Equity</u> program helps racialized immigrants and newcomers engage with their community in meaningful ways. SCOPE helps immigrants in Canada to positively impact their communities by engaging in social & civic initiatives such as boards, committees.	scope@mosaic.org <ul style="list-style-type: none"> ○ have solid volunteering and/or work experience ○ have strong English skills (CLB 7+) ○ identify as a racialized immigrant ○ be passionate about social and civic engagement ○ have the flexibility to attend training every other Saturday for four months
NEW WESTMINSTER SCHOOL DISTRICT	The Welcome Centre The Welcome Centre serves as a hub to all of New Westminster, with knowledgeable community connectors ready to welcome and support students, families and the whole community. In-house we have MOSAIC ready to provide services and support to newcomers in our community. Other settlement service agencies also use the space to provide workshops and meetings.	welcome@sd40.bc.ca 604-517-6266
NEW WESTMINSTER SCHOOL DISTRICT	The Wellness Centre The Wellness Centre will act as a hub for delivering collaborative and holistic health and wellness supports ... serving both students and the community. The innovative offerings will aim to deliver physical care – making it possible for students to see a health practitioner – in the same space they can also access counselling, other types of emotional and mental health supports, and engage in preventive educational and empowering workshops.	mnaser@sd40.bc.ca
S.U.C.C.E.S.S	Evergreen News Founded by a group of S.U.C.C.E.S.S. volunteers, Evergreen News is an online, monthly, community publication that aims to support Chinese-speaking immigrants to bridge to Canadian society.	604-408-7274 ext. 1054 publications@success.bc.ca

EMPLOYMENT

AGENCY	SERVICES + PROGRAMS	IMPORTANT INFORMATION
DOUGLAS COLLEGE	Career Paths for Skilled Immigrants	604-588-7772 careerpaths@douglascollege.ca

	<p>Are you an internationally trained professional ready to launch your Canadian career? The Career Paths for Skilled Immigrants employment program gives eligible participants the career coaching and resources they need to gain employment in their field of training and expertise.</p>	
ISS	<p>Co-Op Programs</p> <p>Our Career Co-op Programs will get you working in Canada. Choose subjects related to your interests, and gain valuable skills that you can apply in the workplace. Our co-op programs are a minimum of 48 weeks up to a maximum of 112 weeks in length.</p>	<p>604-684-2325</p> <p>info@LCC.issbc.org</p> <ul style="list-style-type: none"> ○ You need a Canadian Language Benchmark (CLB) 5 or higher in at least two skills (no skill lower than 4), OR successful completion of the Business Diploma Program (BDP). ○ Students with higher CLB levels but no Canadian work experience or resume are also encouraged to take BDP, which will prepare them to work in Canada. ○ Before starting the co-op work term, all students are required to ○ Be at least 19 years old when the work term starts ○ successfully complete the co-op study term, and ○ have a Canadian Social Insurance Number (SIN). ○ In addition, international students are required to ○ have a Canadian Co-op Work Permit, and ○ carry Canadian medical insurance for the duration of the program.
ISS	<p>Diploma Programs</p> <p>Our 8-week diploma programs introduce students to fundamental skills that will help them understand Canadian workplace culture while gaining new skills that can be applied in their jobs (TESOL Diploma, Business Diploma, Global Tourism Diploma, Leadership Preparation Diploma, International Business Management Skills Diploma, Professional Communication and Marketing Diploma.</p>	<p>604-684-2325</p> <p>info@LCC.issbc.org</p>
ISS	<p>Job Quest</p> <p>Looking for a job and need help? Looking at different programs and services but not sure which is right for you? If yes, Job Quest is for you!</p>	<p>Vancouver: 604-684-3599 Burnaby: 604-395-8000 Coquitlam (Lincoln): 778-284-7026 Langley: 604-510-5136 Maple Ridge: 778-372-6567 New Westminster: 604-522-5902 or email: jobquest@issbc.org</p> <ul style="list-style-type: none"> ○ Permanent Resident ○ Protected Person as defined in S. 95 of IRPA ○ Individuals who have been selected to become Permanent Residents, and who have been informed, by a letter from IRCC ○ Live-in Caregiver or Temporary Foreign Worker

		<ul style="list-style-type: none"> ○ Provincial Nominees who are still awaiting a letter of approval for permanent residency from IRCC ○ Naturalized Canadian Citizen ○ Priority given to newcomers who have been in Canada five (5) years or less
ISS	Career Paths for Skilled Immigrants A BC-wide program that bridges skilled and immigrant professionals to work that makes use of your pre-arrival experience and training.	Construction & Engineering; and Technology Professions: (604) 375-2105 Regulated and Non-Regulated Professions: (236) 985-7359 Email: careerpaths@issbc.org
ISS	Global Talent Loans Unlock your career potential in Canada through financial assistance and support for recredentialing or alternative career training.	236-985-6724 Email: globaltalentloans@issbc.org <ul style="list-style-type: none"> ○ Are an immigrant, Canadian citizen or protected person in BC and legally permitted to work in Canada ○ Have obtained your post-secondary education outside of Canada
ISS	Online Learning for Migrant Workers in BC Gain communication skills and confidence to create positive employment experiences as a Temporary Foreign Worker in Canada.	Call: 604-684-3599 Email: tfwonline@issbc.org <ul style="list-style-type: none"> ○ Temporary Foreign Workers ○ Committed to engage in an individualized online learning plan ○ Adequate English language skills to participate actively in the program
ISS	Employer Solutions Job Board An expert team of specialists helps you find a job in your local community. Check out ISS of BC's Job Board.	employersolutions@issbc.org
ISS	IMPACT – Alternative Careers in Technology Online resource to help newcomers from a regulated occupation considering a shift to an alternative career or unregulated job.	<ul style="list-style-type: none"> ○ newcomers from a regulated occupation who are considering a shift to an alternative career or unregulated job ○ employers understand the technological sectors in other countries as a means to harness the skills of high-skilled, unlicensed newcomers in alternative occupations.
ISS	SmartMove SmartMove helps newcomers across British Columbia get a job through its innovative AI interview simulation program and competency matching. Improve your interview skills in a real interview setting with the help of AI and increase your chance to get job interviews with the competency matching service SmartMove provides.	<ul style="list-style-type: none"> ○ Individuals already participating in other ISSofBC employment programs or have finished an employment program or are ready to find a job. ○ Have a resume and cover letter.
ISS	Gateway to Tourism & Hospitality Jobs for Newcomers	<ul style="list-style-type: none"> ○ Naturalized Canadian Citizen or Permanent resident (within the last 5 years) -or- Protected Persons with a Work Permit valid for one year (from the date joining the program)

	<p>Our program provides tailored training to individuals who show an interest in working in the Tourism or Hospitality sector.</p> <p>We provide the program participants with tools to successfully access a job in the sector. Our specialized employment team has connections in the industry to support clients with successfully getting into a variety of roles in the Tourism and Hospitality industry.</p>	<ul style="list-style-type: none"> ○ <i>Live in British Columbia -Metro Vancouver, Greater Victoria, Okanagan, the Kootenays, and Prince George regions</i> ○ <i>Newcomers seeking entry-level work within the Tourism & Hospitality sector; newcomers that worked in the field and were laid off due to COVID; and Newcomers already working in the industry and may require some re-skilling and/or upskilling to improve and retain the job, or for advancement purposes</i> ○ <i>English Level – Canadian Language Benchmark (CLB) 5</i>
MOSAIC	<p>Job Search Support + Resources</p> <p>WorkBC helps you find and keep a job as quickly as possible. We help you build your skills and confidence through one-on-one and group support and resources. Some WorkBC Centres operated by MOSAIC.</p>	<p>Maria Poe, Client Recruitment Specialist, mpoe@mosaicbc.org</p>
MOSAIC	<p>Immigrant Internship Program</p> <p>The <u>WorkXP Internship Program</u> connects internationally educated and experienced immigrant professionals with Canadian employers. Internships run for a minimum of 400 hours (approximately 10-12 paid weeks).</p> <p>This program aims to:</p> <ul style="list-style-type: none"> ● connect newcomers to Canada with work aligned with their international work experience and education ● help Canadian employers nurture and develop diverse talents ● provide opportunities to network in various industries 	<p>workxp@mosaicbc.org 236-878-8376 / 604-367-9192</p> <ul style="list-style-type: none"> ○ <i>be a Permanent Resident or new Canadian within the last 5 years</i> ○ <i>have a postsecondary certificate, diploma, or degree</i> ○ <i>be unemployed or underemployed (previous educational training not commensurate to current job)</i> ○ <i>possess 3 years relevant international work experience</i> ○ <i>have professional working proficiency in English</i> ○ <i>currently reside within Metro Vancouver</i>
MOSAIC	<p>Employment Services in BC</p> <p>The Career Paths for Skilled Immigrants program provides employment services in BC so you can use your education and skills to get a job. We support immigrants skilled in the accounting, marketing, advertising, public relations, and business consulting fields.</p> <p>You will get support through career advice, workshops, and connections to find work in your field.</p>	<p>careerpaths@mosaicbc.org 604-438-8214</p> <ul style="list-style-type: none"> ○ <i>a permanent resident (5 years or less)</i> ○ <i>unemployed or underemployed</i> ○ <i>living anywhere in BC</i> ○ <i>a skilled immigrant: 3+ years related experience or a youth (19-30 years old), 1+ related experience</i> ○ <i>have English level: CLB 5+</i>
MOSAIC	<p>BC Employer Services</p> <p><u>Connecting BC Employers with Skilled Candidates</u></p> <p>Expand your skilled candidate search with MOSAIC. Our team connects employers with skilled candidates who are ready, experienced and capable.</p>	<p>employers@mosaicbc.org 778-389-0314</p> <ul style="list-style-type: none"> ○ <i>all BC employers</i> ○ <i>companies with vacancies to fill</i> ○ <i>companies dedicated to meeting diversity and inclusion goals</i>
MOSAIC	<p>Helping Refugees Find Work</p>	<p>res@mosaicbc.org 236.668.5629</p>

	<p>The <u>Refugee Employment Support Services Program</u> helps refugees find work. Get one-on-one counselling to help you find a job today. We can also help you with soft skills, resume writing, and job searches.</p>	<ul style="list-style-type: none"> ○ a refugee with permanent resident status ○ ready to work
MOSAIC	<p>Career Mentoring for Newcomers to Canada</p> <p>The <u>Workplace Connections Mentoring Program</u> helps newcomers to re-enter their field in Canada. We help newcomers to Canada connect with career mentors to help them network and get tips on finding local employment.</p>	<p>mentors@mosaicbc.org</p> <p>604.254.9626</p> <ul style="list-style-type: none"> ○ English at LINC 6 level or higher (CLB 5+) ○ lived in Canada less than five years ○ clear employment goals ○ 2 years experience in your profession in another country ○ Permanent Residents, Refugees, Refugee Claimants
MOSAIC	<p>Pre-arrival Services – Employment</p> <p>Settlement Online Pre-Arrival (SOPA)</p> <p>The Settlement Online Pre-Arrival (SOPA) program offers help to immigrants before they arrive in Canada. This includes a one-on-one orientation, job search support, employment counselling, and workplace culture training.</p> <p>We also can also provide referrals to other post-arrival services upon entry to Canada.</p>	<p>sopa@mosaicbc.org</p> <p>778 591 9334 ext. 116</p> <ul style="list-style-type: none"> ○ currently live outside of Canada ○ have access to high-speed internet ○ have approval from Immigration, Refugees and Citizenship Canada (IRCC) to immigrate to Canada ○ have an English level (IELTS) 5.5+
NEW WESTMINSTER PUBLIC LIBRARY	<p>Gateway to Hospitality and Tourism jobs for Newcomers</p> <p>Are you a newcomer? Looking to find work in the hospitality or tourism Industry? Speak with an employment specialist who can help you find the job you're looking for. This is a free service provided in partnership with the Immigrant Services Society of British Columbia.</p> <p>Free of charge, drop-in, no registration required.</p>	<p>604.809.7103</p> <p>gateway2tourism@issbc.org</p>
PIRS	<p>Pathways To Childcare Careers</p> <p>This free occupation-specific English training is ideal for newcomer women interested in entering the early learning and childcare field. Through the 14-week program, participants with intermediate level English (CLB 5) practice and develop their English language skills, gain childcare training with a trauma-informed approach, and develop pre-employment skills (e.g. interview preparedness and resume writing). The program includes 4 weeks of paid work experience.</p>	<p>604-298-5888</p>
S.U.C.C.E.S.S	<p>Active Career Connect & Engagement Project</p> <p>Skilled immigrants advance their careers in Canada through innovative services that bridge them to paid Canadian work experience opportunities.</p>	<p>778-819-0728 ext. 1011</p> <p>accep-info@success.bc.ca</p> <ul style="list-style-type: none"> ○ Internationally-trained immigrants ○ Permanent residents or Canadian citizens ○ Reside in BC or Ontario ○ Lack of Canadian work experience in intended or related field

		<ul style="list-style-type: none"> ○ Unemployed or working less than 20 hours per week
S.U.C.C.E.S.S	Digital Skills Upgrading for Job Seekers Age 55+	778-394-8822
	Older adults achieve sustainable employment in today's technology-rich labour market through three weeks of digital skills training and one-to-one job search coaching.	employment55@success.bc.ca <ul style="list-style-type: none"> ○ Canadian citizen, permanent resident, or protected person ○ Age 55 or older ○ Unemployed or precariously employed ○ Live in Metro Vancouver ○ Not actively participating in nor receiving financial supports from another provincial or federal labour market program
S.U.C.C.E.S.S	E-Start Pre-Arrival Online Employment Program for Refugees	778-832-0183
	Refugees are better prepared for the Canadian labour market as they receive tailored occupation-specific information prior to their arrival to Canada. Our online services support refugees to gain the knowledge needed to find their first job in Canada.	estart@success.bc.ca <ul style="list-style-type: none"> ○ Refugee destined for Canada ○ Currently outside of Canada (anywhere in the world) ○ Have a UCI number (unique client identifier) ○ Looking for employment information
S.U.C.C.E.S.S	Foreign Credential Recognition Loan Project	778-819-0728 ext. 1001
	Internationally-trained professionals achieve their licensing/credential recognition goals and return to a career in their trained field in Canada.	fcrloaninfo@success.bc.ca <ul style="list-style-type: none"> ○ Canadian citizen, permanent resident, or an individual granted refugee status in Canada and who is legally permitted to work in Canada ○ Obtained credentials outside of Canada and seeking to have credentials recognized in Canada, is undertaking training for an alternative career, or both ○ No or limited Canadian experience in the related field
S.U.C.C.E.S.S	Immigrant Employment Language Training Services	WorkplaceLanguage@success.bc.ca
	<u>Immigrant Skills Training for High Demand Sectors</u>	<ul style="list-style-type: none"> ○ Newcomer Resident in BC (landed in Canada within the past 10 years) ○ Unemployed, under-employed, or seeking career advancement ○ Canadian Language Benchmark (CLB) 5 or higher ○ Commitment to complete the program online using Zoom
	<u>Integrated Immigrant Employment Program</u>	EmploymentLanguage@success.bc.ca <ul style="list-style-type: none"> ○ Newcomer Resident of Canada (Canadian Citizen, Permanent Resident, or Open Work Permit Holder) ○ Canadian Language Benchmark (CLB) 6 or higher ○ Unemployed, underemployed, or seeking career advancement ○ Commitment to complete the program online using Zoom

S.U.C.C.E.S.S	<p>Support Program for Internationally Trained Dentists</p> <p>Our new support group for internationally-trained dentists offers assistance with study groups, exam preparation and pre-testing. This program is designed for people preparing for the three licensing examinations required by the National Dental Examining Board of Canada to practice in Canada.</p>	<p>778-819-0728 ext. 1009</p> <p>itd@success.bc.ca</p> <ul style="list-style-type: none"> ○ <i>Internationally Trained Dentists who are either a Permanent Resident or a Canadian Citizen</i> ○ <i>Proof of a professional credential/designation in dentistry obtained in a foreign country</i> ○ <i>Planning on having their dentistry credentials recognized in Canada</i> ○ <i>Language Level: CLB 7</i>
WORKBC	<p>Employment Services</p> <p>Work BC offers a broad range of online and in-person employment services to support job seekers of all skill levels.</p>	<p>778-732-1529</p> <p>Centre-richmond-granville@workbc.ca</p>

ENTREPRENEURSHIP

AGENCY	SERVICES + PROGRAMS	IMPORTANT INFORMATION
ISS	<p>Business Quest</p> <p>If you're not sure how to start in self-employment, we can assess your entrepreneurial interest, provide online learning opportunities and one-on-one support.</p>	<p>Email: businessquest@issbc.org</p> <p>Phone: 604-351-6716</p> <ul style="list-style-type: none"> ○ <i>Permanent Residents of Canada</i> ○ <i>Convention Refugees and Protected Persons</i> ○ <i>Individuals who have been selected to become Permanent Residents, and who have been informed by a letter from IRCC</i> ○ <i>Live-in Caregivers or Temporary Foreign Workers who have approval in principle</i>
ISS	<p>Ignite – Helps you turn your business passions into possibilities</p> <p>Launch and grow your business with one-on-one help from a business advisor, guiding you through developing your business plan, registering your business, exploring funding and lending options, and helping you address your challenges and needs.</p>	<ul style="list-style-type: none"> ○ <i>Permanent Resident, Refugee (Government-Assisted and Privately Sponsored) or Protected Person</i> ○ <i>Individual who has been selected to become a Permanent Resident and who has been informed by a letter from IRCC</i> ○ <i>BC Resident</i> ○ <i>Employed, unemployed or under-employed</i> ○ <i>Live-in Caregiver or Temporary Foreign Worker with approval in principle</i>
ISS	<p>SPARK</p> <p>SPARK Program helps newcomers with their business ideas. Spark works with you to develop and strengthen your business ideas and takes you one step closer to launching your business.</p>	<ul style="list-style-type: none"> ○ <i>refugee or permanent resident</i> ○ <i>employed, unemployed or underemployed</i> ○ <i>live-in caregivers</i>
S.U.C.C.E.S.S	<p>Immigrant Women Entrepreneurship Program</p> <p>Immigrant and visible minority women entrepreneurs are empowered to establish and grow their businesses in British Columbia through tailored, innovative, and specialized services.</p>	<p>236-317-4188</p> <p>businessinfo@success.bc.ca</p> <ul style="list-style-type: none"> ○ <i>Immigrant women (landed in Canada for less than 10 years) or visible minority women</i> ○ <i>Permanent residents, Canadian citizens, or those in possession of an open work permit</i>

WORKBC	<p>Self-Employment Services</p> <p>WorkBC offers specialized self-employment services, including training, workshops, and one-to-one coaching, to help you to achieve your entrepreneurship goals.</p>	<p>778-732-1529</p> <p>Centre-richmond-granville@workbc.ca</p> <ul style="list-style-type: none"> ○ <i>Have an Active Employment Insurance (EI) Claim (aka Active EI Claimant); or</i> ○ <i>Received EI Benefits in the past (Reachback EI Client or Former EI Claimant); or</i> ○ <i>Earned more than \$2,000 in insurable earnings and paid EI employee premiums on those earnings in at least five (consecutive or non-consecutive) of the previous 10 calendar years; or</i> ○ <i>A person with disabilities or a person with persistent multi barriers</i> ○ <i>Able to dedicate 35 hours per week</i>
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EQUITY-SEEKING GROUPS

AGENCY	SERVICES + PROGRAMS	IMPORTANT INFORMATION
MOSAIC	<p>Services for Newcomer LGBTQIA+ Refugees</p> <p><u>I Belong Program</u></p> <p>I Belong is a program welcoming all LGBTQIA2+ refugees and newcomers. We provide a safe space to connect and receive personalized support.</p>	<p>ibelong@mosaicbc.org</p> <p>604-762-1566</p> <ul style="list-style-type: none"> ○ <i>open to all LGBTQIA+ refugees and newcomers</i>
MOSAIC	<p>International Students Project</p> <p><u>Addressing Gender-Based Violence Against International Students</u></p> <p>This program provides support and a safe space for international students in Canada. We discuss the impact of gender-based violence, sexual assault, and exploitation issues.</p> <p>We are increasing awareness of violence issues affecting International Students. In our safe space, help students identify, prevent, and report these crimes.</p>	<p>vpp_studentsupport@mosaicbc.org</p> <p>236-688-8107</p> <ul style="list-style-type: none"> ○ <i>anyone who self-identifies as a woman</i> ○ <i>international students</i> ○ <i>currently enrolled in a university or college in BC</i>
MOSAIC	<p>Support for Newcomers with Disabilities</p> <p><u>The Accessibility for Newcomers Program</u></p> <p>MOSAIC is an advocate for immigrants and refugees with disabilities. The Accessibility for Newcomers program connects them with employment and disability support services.</p> <p>This program also aims to create a local network of accessibility and settlement service providers. This will support the City of Vancouver’s new Accessibility Strategy.</p> <p>Services are available as one-on-one support and outreach to other programs. Together we can improve the lives of immigrants with disabilities in Vancouver.</p>	<p>snikmanesh@mosaicbc.org</p> <p>604-254-9626</p> <ul style="list-style-type: none"> ○ <i>have a self-disclosed disability</i> ○ <i>live in the City of Vancouver</i>

FAMILY

AGENCY	SERVICES + PROGRAMS	IMPORTANT INFORMATION
FAMILY PLACE	<p>Parenting Programs</p> <p><u>Circle of Security</u></p> <p>This world-renowned parenting program leads you on a journey of self-discovery; enabling you to obtain a deeper understanding of yourself and your child.</p> <p><u>NOBODY'S PERFECT</u></p> <p>NOBODY'S PERFECT is a group facilitated by our trained staff for parents of children from birth to age five; offering encouragement and support along the way. The goal of <i>Nobody's Perfect</i> is to improve participants' capabilities to maintain and promote the health of their young children.</p> <p><u>Parent Workshops</u></p> <p>Our Parenting Programs are educational courses that teach parents and caregivers general parenting skills, safety, and help them to develop and maintain positive relationships with their children. Our Early Childhood Educators and Family Support Facilitators provide a free one on one, or group, parenting support services to assist parents and caregivers with specific parenting and child development issues for children aged 0-6 years.</p>	<p>604.520.3666 info@newwestfamilies.ca</p>
FAMILY PLACE	<p>Family Drop In Programs</p> <p>Drop in programs are parent participation, are no cost, and do not require pre-registration. Our play and early learning programming for your little ones 0-5yrs is planned by our insightful and creative Early Childhood Educators. Enjoy a chance to connect with other families and chat with our staff. Whether you just need someone to chat with or if you are needing any extra support; our Family Support Workers are available to help you access the resources your family needs to thrive!</p>	<p>604.520.3666 info@newwestfamilies.ca</p>
FAMILY PLACE	<p>Activity Packs</p> <p>Family Place New West regularly creates free activity packs for holidays and events to encourage creative play and learning for our New West families.</p>	<p>604.520.3666 info@newwestfamilies.ca</p>
FAMILY PLACE	<p>Toy Lending Library</p> <p>New West Family Place has a collection of toys you can borrow for infants, toddlers or preschoolers for up to two weeks. As a service free of charge, we only ask that you return items on time so that everyone has the opportunity to enjoy their reservation.</p>	<p>604.520.3666 info@newwestfamilies.ca</p>

	Thanks to the generosity of the New Westminster Public Library, our toys can be checked out at their Main Branch on 6th Avenue.	
FAMILY SERVICES	<p>Family Preservation <i>Vancouver</i></p> <p>Following a referral from an MCFD social worker, FSGV family counsellors walk alongside families on individualized plans that may include play therapy, psycho-education group and other parenting education, as well as in-home or in-office counselling for individuals, couples, and families.</p>	<p>604 731 4951</p> <p>contactus@fsgv.ca</p>
FAMILY SERVICES	<p>Project Parent <i>Burnaby, New Westminster, Surrey</i></p> <p>Through in-home counselling, parent education, and referrals to community resources, FSGV family counsellors walk alongside families to achieve client-led goals.</p>	<p>604 731 4951</p> <p>contactus@fsgv.ca</p>
FAMILY SERVICES	<p>Early Childhood Community Consultant <i>Burnaby</i></p> <p>In this program, we guide, coach, model parenting best practices, and support parents with young children. Caregivers learn about infant and early childhood mental health, play-based learning, social and emotional development, and healthy routines and attachments.</p>	<p>604 731 4951</p> <p>contactus@fsgv.ca</p>
FAMILY SERVICES	<p>Parent-Teen Mediation <i>Vancouver, Burnaby, New Westminster, Richmond, Surrey</i></p> <p>This program supports families who are experiencing interpersonal conflict between parents and teenage youth. Highly skilled mediators with conflict-resolution training and experience working with youth empower participants to develop skills-based resilience.</p>	<p>604 731 4951</p> <p>contactus@fsgv.ca</p>
FAMILY SERVICES	<p>Foster Family Support Services <i>Vancouver</i></p> <p>When substance use, mental health challenges, or violence impact a family's ability to safely care for their child, FSGV works with MCFD to help find the right placement for them. Our counsellors provide client-led support to foster parents, their family members, and extended family caregivers who care for children outside of the foster care system.</p>	<p>604 731 4951</p> <p>contactus@fsgv.ca</p>
FAMILY SERVICES	<p>Parent Education & Support Groups</p> <p>Designed to offer support and education to parents and family structures of all kinds.</p>	<p>604-525-9144</p>

FAMILY SERVICES	The Family Services Employee Assistance Program (FSEAP) is a social enterprise that provides workplace wellness and employee and family assistance to over 80 outside organizations across BC and the Yukon.	
ISS	Childcare and Preschool Your children, learn, play and grow while you study in Vancouver and Richmond LINC classes.	Vancouver – linc.vancouver@issbc.org or 604-684-2561 Richmond – linc.richmond@issbc.org or 604-233-7077 <ul style="list-style-type: none">○ <i>are attending daytime LINC class</i>○ <i>are the parent of children 30 months to 5 years old</i>
LOWER MAINLAND PURPOSE SOCIETY	Family Development Work This is an outreach service that provides parenting education and teaches parenting skills to families. This service focuses on a range of issues including: child development, roles and responsibilities, behavior strategies, appropriate discipline, parental coping, and other effective parenting skills. Referrals are accepted through the Ministry of Children and Family Development (MCFD) for residents of New Westminister and Burnaby.	Tel: 604 526 2522 Email: mail@purposesociety.org
LOWER MAINLAND PURPOSE SOCIETY	Family Therapy The Purpose Society provides brief, professional therapy to assist families in identifying critical issues that may interfere with their ability to make creative and effective choices. Presenting issues may include parental coping, relationship concerns, family integration, anger management, family dynamics, or historical abuse affecting parenting. Referrals are accepted through the Ministry of Children and Family Development for residents of New Westminister and Burnaby.	Tel: 604 526 2522 Email: mail@purposesociety.org
LOWER MAINLAND PURPOSE SOCIETY	Family Circle For families with children aged 3 – 6yrs. Come play and enjoy a fun, interactive group for parents/caregivers and their children from 3 to 6 years of age. Enjoy family playtime, stories, songs, arts & crafts and make new friends and connections with other families. This program is offered to all residents of Burnaby and New Westminister.	778-727-0786 or 604-526-2522 email: mail@purposesociety.org
LOWER MAINLAND PURPOSE SOCIETY	Pitter Patter Circle Time For families with children aged 0 – 3yrs. This program focuses on parent and child interactions, decreasing social isolation and increasing community connections. This group is for pregnant women and families with children under 36 months and their caregivers. Enjoy family playtime, stories, songs, arts & crafts and	778-727-0786 ext. 205 or 604-526-2522 mail@purposesociety.org

	make new friends and connections with other families. This program is offered to all residents of Burnaby and New Westminster.	
LOWER MAINLAND PURPOSE SOCIETY	<p>Physical Literacy, Art, Nature & Science (PLANS)</p> <p>Come Play outside!</p> <p>For families with children aged 2 – 6yrs.</p> <p>Early childhood exploration in a natural setting. Encourage children to connect with nature by using sight, smell, sound and touch while exploring the ecosystem that surrounds them. Join us for fun, games and circle time.</p>	<p>778 727 0786 or 604-526-2522</p> <p>mail@purposesociety.org</p>
LOWER MAINLAND PURPOSE SOCIETY	<p>Parenting Children with Challenging Behaviour</p> <p>(For ages 5 – 12 years)</p> <p>The group uses an educational approach to assist parents in understanding brain-based behaviours and how family dynamics affect parenting; how to improve parental coping; how to identify and address problems; how to use effective, positive discipline strategies; and improve communication and interventions with your child.</p>	<p>mail@purposesociety.org</p> <p>604-526-2522</p>
LOWER MAINLAND PURPOSE SOCIETY	<p>Parenting Groups</p> <p>(For ages under 6 years old)</p> <p>Purpose Society’s Parenting Groups are developed with the whole family in mind. Parents and extended family members are invited to attend the groups with their children under six years to learn about developmental milestones, socialization, play, creativity, early learning, health and wellness, discipline, behavioural issues and strategic interventions.</p>	<p>604 526 2522</p> <p>Email: mail@purposesociety.org</p>
LOWER MAINLAND PURPOSE SOCIETY	<p>Family Circle Book Club</p> <p>An opportunity for parents and/or caregivers to come together, read and discuss books or articles. (This program is offered via Zoom).</p>	<p>778 727 0786 ext. 205</p> <p>mail@purposesociety.org or call</p>
LOWER MAINLAND PURPOSE SOCIETY	<p>Nobody’s Perfect Parenting Program</p> <p>Free parenting program for parents with children aged 0-5yrs. This six week program is offered by trained Nobody’s Perfect facilitators and child-minding is available. Opportunity for parents and caregivers to:</p> <ul style="list-style-type: none"> · Share parenting questions and concerns. · Learn about child development, nutrition, health, etc. · Discover ways of positive parenting. 	<p>778 727 0786 ext. 205</p> <p>mail@purposesociety.org or call</p>
MOSAIC	<p>Family Support For Newcomer Families</p> <p><u>Community Action Program for Children</u></p>	<p>gvaziri@mosaicbc.org</p> <p>604.254.9626</p>

	<p>All parents need help sometimes. The Community Action Program for Children helps Korean, Vietnamese, and Somali families get parenting help. We provide child-minding services where kids take part in play-based learning.</p>	<ul style="list-style-type: none"> ○ <i>speak Korean, Vietnamese, or Somali</i> ○ <i>have children ages 0-6</i> ○ <i>live within the Greater Vancouver Area</i>
MOSAIC	<p>Parenting Support for First Time Parents <u>Building Blocks Vancouver</u></p> <p>Are you anxious or worried about having a baby? If you are pregnant or have a baby under 6 months old, and live in Vancouver, we can help.</p> <p>The Building Blocks Vancouver program helps vulnerable first-time parents who don't have other local support. You can get help from Family Support Home Visitors, Nurses, and Social Workers.</p>	<p>gvaziri@mosaicbc.org 604.254.9626</p> <ul style="list-style-type: none"> ○ <i>are first-time parents</i> ○ <i>live in the Vancouver area</i> ○ <i>are pregnant or have a child under 6 months old</i> ○ <i>struggle with parenting</i>
MOSAIC	<p>Support Services for Newcomer Families</p> <p>If you are new to Canada, the <u>MOSAIC Family Centre</u> has support for you. We have information on parenting, child development, and settlement resources for families.</p>	<p>family.centre.reception@mosaicbc.org 604 636 0120</p> <ul style="list-style-type: none"> ○ <i>government-assisted refugee families</i> ○ <i>families living in Canada less than 5 years</i> ○ <i>parents with children aged 0-6</i> ○ <i>families living in Burnaby or New Westminister</i>
MOSAIC	<p>Support for Newcomer Children in Schools <u>Settlement Workers In Schools Program</u></p> <p>Are you a newcomer to Canada with a child in the New Westminister School District (SD40)? Learn about in-school settlement support for your children and family. The Settlement Workers in Schools program helps you learn about your new community and school system. Support is available for children, their parents, and caregivers.</p> <p>This program is available in English, Greek, Punjabi, Farsi, Dari, French, Arabic, Turkish, and Armenian. Other language support may be available on request. Services are free for newcomer families</p>	<p>New Westminister Secondary Welcome Centre 820 6th Street, New Westminister, V3L 3C8</p> <p>swis@mosaicbc.org 604-517-6309</p> <ul style="list-style-type: none"> ○ <i>immigrant and refugee families</i> ○ <i>those attending a New Westminister school (SD40)</i>
PIRS	<p>Kids Have Stress Too</p> <p>It's a stressful world. In some ways, today's families are under more stress than ever before and that includes kids. If children can learn to respond to stress in a healthy and constructive way early on, they will be more resilient and better able to cope with whatever life sends their way. These resources, which are taken from our evidence-informed and proven stress management and parenting programs Kids Have Stress Too!, Stress Lessons and Parenting for Life, will help you support the social and emotional development of your child.</p>	<p>604-298-5888</p>

PIRS	<p>Nobody's Perfect</p> <p><i>Nobody's Perfect</i> is a facilitated parenting program for parents of children from birth to age five. The program is designed to meet the needs of parents who are young, single, socially or geographically isolated, or who have low income or limited formal education offered in communities by facilitators to help support parents and young children.</p>	604-298-5888
PIRS	<p>My Tween and Me</p> <p>My Tween and Me is a facilitated group program that provides parents and their tweens with the knowledge, tools and support they need during the child's transition to adolescence. Offered to parents/caregivers and their children aged 7 through 12, the program strengthens parent-child communication and supports parents in building a positive relationship with their tween.</p>	604-298-5888
PIRS	<p>Parent-Child Mother Goose Program</p> <p>The Parent-Child Mother Goose Program® is a group experience for parents and their babies and young children. The program introduces adults and children to the pleasure and power of using rhymes, songs, and stories together.</p>	604-298-5888
PIRS	<p>Healthy Together</p> <p>The program was developed in 2011 after the initial 1 year funding was provided to The Bridge Youth & Family Services under the Public Health Agency of Canada's innovation strategy 'Achieving Healthier Weights in Canada's Communities. The team at The Bridge, in consultation with a project National Advisory Committee created and developed the initial Healthy Together program.</p>	604-298-5888
S.U.C.C.E.S.S	<p>Family Groups</p> <p>Families are supported to develop connections to their local community and to build positive social networks.</p>	604-279-7180 euphony.cheng@success.bc.ca ○ Richmond Mandarin Maple Group
S.U.C.C.E.S.S	<p>Counselling & Crisis Support</p> <p><u>Help Lines</u></p> <p>Led by trained volunteers, the help lines provide Mandarin and Cantonese-speaking callers with confidential emotional support and referrals to community resources that can support them to address a wide range of life issues.</p> <p>The help lines are answered seven days per week from 10am to 10pm.</p> <p>Cantonese Line: 604-270-8233 Mandarin Line: 604-270-8222 Korean Line: 1 (888)-721-0596 / Ext. 3</p>	Tel: 604-270-8611 Email: chlvolunteer@success.bc.ca

<p>S.U.C.C.E.S.S</p>	<p>Legal Advice Programs</p> <p>Individuals and families who do not qualify for legal aid in BC are able to access legal advice programs that are hosted by S.U.C.C.E.S.S. in collaboration with community partners.</p> <p><u>Access Pro Bono</u></p> <p>In partnership with Access Pro Bono, S.U.C.C.E.S.S. hosts legal advice programs for low-income individuals who do not qualify for legal aid.</p> <p><u>UBC Law Students' Legal Advice Program</u></p> <p>S.U.C.C.E.S.S. hosts the UBC Law Students' Legal Advice Program, which provides free legal advice in Cantonese and Mandarin to low income individuals who do not qualify for legal aid.</p>	<p>Email: appointments@accessprobono.ca</p> <p>Telephone: 604-878-7400 or 1-877-762-7400 (outside of Lower Mainland)</p> <ul style="list-style-type: none"> ○ Resident of BC ○ Do not qualify for legal aid <p>28 West Pender Street Vancouver, BC V6B 1R6</p> <p>604-684-1628</p> <ul style="list-style-type: none"> ○ Low-income individuals ○ Reside in Metro Vancouver ○ Do not qualify for legal aid ○ Speak Cantonese or Mandarin
<p>S.U.C.C.E.S.S</p>	<p>Multicultural Early Years & Parenting Support Programs</p> <p>Parents and caregivers learn positive parenting styles to create safe and nurturing environments to raise their children, as well as bridge to early childhood development resources.</p> <p><u>Multicultural Early Childhood Development</u></p> <p>The Program supports families in the Tri-Cities to develop positive and nurturing relationships with their young children as well as to enhance their connections with local community resources.</p>	<p>Telephone #s:</p> <p>Cantonese: 604-468-6002</p> <p>Mandarin: 604-468-6024</p> <p>Korean: 604-468-6101</p> <p>Farsi: 604-468-6023</p> <ul style="list-style-type: none"> ○ Cantonese, Mandarin, Korean, and Farsi-speaking families with children between the ages of 0 to 6 years ○ Reside in the Tri-Cities (Anmore, Belcarra, Coquitlam, Port Coquitlam or Port Moody)
<p>S.U.C.C.E.S.S</p>	<p><u>Multicultural Family Resource Centre</u></p> <p>The Centre provides interactive, engaging, and multi-lingual activities for families with children under six years of age in the Tri-Cities.</p>	<p>Telephone #'s:</p> <p>Cantonese: 604-468-6002</p> <p>Mandarin: 604-468-6100</p> <p>Korean: 604-468-6101</p> <p>Farsi: 604-468-6023</p> <ul style="list-style-type: none"> ● Cantonese, Mandarin, Korean, and Farsi-speaking families with children between the ages of 0 to 6 years ● Reside in the Tri-Cities (Anmore, Belcarra, Coquitlam, Port Coquitlam or Port Moody)
<p>S.U.C.C.E.S.S</p>	<p>Parent Support Groups</p> <p>Various support groups enhance the knowledge, skills, and confidence of parents in Canada. The groups promote positive relationship building and foster connections with peers and the community.</p>	<p>604-430-1899</p>

HEALTH

AGENCY	SERVICES + PROGRAMS	IMPORTANT INFORMATION
FAMILY SERVICES	<p>Healthy Connections <i>Vancouver</i></p> <p>Support to help pregnant people and birthing parents work through trauma related issues that they feel may interfere with their ability to connect with their children. The program includes one-to-one counselling, support for co-parents/couples, and a capacity-building group that helps foster connections and counter the impacts of parenting in isolation. Healthy Connections is available as early in the pregnancy as possible and support continues until the child's third birthday.</p>	<p>604 731 4951 contactus@fsgv.ca</p>
FAMILY SERVICES	<p>SAIP <i>Vancouver, Richmond</i></p> <p>SAIP provides strength-based, client-centered counselling for children and youth (up to the age of 19) who have experienced sexual abuse and their supportive family members. Based on each child, youth, or family's needs, our services may include parent support, individual counselling, therapeutic play sessions, family sessions, and coordination and referrals to other community agencies/resources.</p>	<p>604 731 4951 contactus@fsgv.ca</p>
FAMILY SERVICES	<p>Vital Connections <i>New Westminister</i></p> <p>Counselling support for adults over age 50 who are experiencing challenges related to life transitions, depression, anxiety, isolation, relationship issues, grief and loss, trauma, and/or health issues. Vital Connections includes arts-based, somatic, cognitive, and psychoeducational approaches to healing.</p>	<p>604 731 4951 contactus@fsgv.ca</p>
FAMILY SERVICES	<p>PEACE <i>Vancouver</i></p> <p>The PEACE Program provides culturally sensitive, trauma-informed and child-centered services for children and youth, aged 3 to 18, who have witnessed and/or experienced family violence. We provide free, individual and group counselling sessions for children, youth, and supportive parents/caregivers.</p>	<p>604 731 4951 contactus@fsgv.ca</p>
FAMILY SERVICES	<p>Stopping The Violence <i>Vancouver, Richmond, New Westminister</i></p> <p>Individual and group counselling for women (cis and trans) and people of all marginalized genders who have experienced violence.</p>	<p>604 731 4951 contactus@fsgv.ca</p>

FRASER HEALTH AUTHORITY	Global Family Care Clinic Provides medical care and social support for newcomers to Canada whose medical needs may be complicated by language, cultural, and knowledge barriers.	7315 Edmonds Street 604-412-6580 • <i>Individuals and families who are new to Canada within the past three years and do not have a family physician.</i>
FRASER HEALTH AUTHORITY	New Canadian Clinic The New Canadian Clinic provides primary care for government assisted refugees, privately sponsored refugees, and refugee claimants.	7315 Edmonds Street 604-412-6580 • <i>The New Canadian Clinic provides primary care for government assisted refugees, privately sponsored refugees, and refugee claimants.</i>
LOWER MAINLAND PURPOSE SOCIETY	Understanding & Transforming Anger Understanding & Transforming Anger is a free 6 or 8 week group for adults 19 and over. This group meets in a safe group environment to discuss the costs and benefits of anger and how anger impacts our daily lives, our families and our relationships with others.	email mail@purposesociety.org 604-526-2522
LOWER MAINLAND PURPOSE SOCIETY	Health Contact Centre Our Health Contact Centre is not only a safe consumption site for people who use IV drugs, but also a place where our neighbours and friends receive compassionate assistance, such as peer support and community referrals to health clinics, counselling, etc.	email mail@purposesociety.org 604-526-2522
LOWER MAINLAND PURPOSE SOCIETY	Peer Network Our Peer Network is a group of people who have lived or living experience of substance use, or for anyone who has lost someone to the ongoing opioid crisis.	email mail@purposesociety.org (604-526-2522)
LOWER MAINLAND PURPOSE SOCIETY	Substance Use Counselling Drugs and Alcohol The Lower Mainland Purpose Society provides a variety of addiction services. They include individual, group and family counselling and psycho-educational and support groups that are comprehensive, youth-friendly and practical.	Tel: 604 526 2522 Email: mail@purposesociety.org
LOWER MAINLAND PURPOSE SOCIETY	Wednesday Clinic for Adults Call to make an appointment.	604-642-6429
MOSAIC	Wellness Workshops for Men <u>Anger Management Care Program</u> A unique program offered to men who desire to learn more about anger management care. This program provides free resources and interpretation services to multilingual clients upon request.	dhuang@mosaicbc.org 236-521-7092 ○ <i>self-referral</i> ○ <i>referred by community services</i> ○ <i>referred by B.C. Corrections, MCFD, or local police offices</i>
MOSAIC	Mental Health and Community Support <u>The Newcomer Wellness Hub (NWH)</u>	zmoradi@mosaicbc.org 236-878-4630

	<p>The Newcomer Wellness Hub (NWH), funded by Bell Let's Talk, provides mental health and community support for those new to Canada. We provide family and individual clinical counselling, and group activities to promote mental wellness as you settle in Canada. Services are available in English, French, Farsi, Dari, Spanish, Arabic, Mandarin, Cantonese, Russian, Tigrinya, and Vietnamese. Other languages available upon request. All Hub services are free and confidential.</p>	<ul style="list-style-type: none"> ○ permanent residents ○ migrant workers ○ Refugee claimants and protected refugees ○ naturalized citizens ○ international students
MOSAIC	<p>Support for Healthy Multicultural Relationships <u>Enhancing Healthy Relationships Program</u></p> <p>The Enhancing Healthy Relationships Program is for immigrant, refugee, and visible minority couples at risk of experiencing or perpetrating domestic violence. We focus on building stronger family relationships and encouraging change within couples. Our support team gives couples the information and skills to stop or reduce domestic violence.</p>	<p>dhuang@mosaicbc.org 236-521-7092</p> <p>For couples who:</p> <ul style="list-style-type: none"> ○ are immigrants, refugees, or visible minorities ○ are at risk of domestic violence ○ at least one partner is a permanent resident
MOSAIC	<p>Preventing Relationship Violence <u>Relationship Violence Prevention Program- Cultural Edition (RVPP-CE)</u></p> <p>There are many triggers that lead to relationship violence. The Relationship Violence Prevention Program-Cultural Edition (RVPP-CE) is for men who have used violence in relationships in the past. We help you learn to prevent these acts from happening in the future. This is a court-mandated program and referrals are received only from B.C. Corrections Probation Officers.</p>	<p>dsingh@mosaicbc.org 236-688-7750</p> <p>For multicultural men:</p> <ul style="list-style-type: none"> ○ have used violence in relationships ○ have been referred by probation officers
MOSAIC	<p>Men Supporting Healthy Relationships <u>The Men in Change Program</u></p> <p>The Men in Change program helps to prevent the occurrence or recurrence of domestic violence. This program encourages men to take responsibility for their actions and work toward change.</p>	<p>dsingh@mosaicbc.org 236-688-7750</p> <ul style="list-style-type: none"> ○ be an immigrant, refugee, or visible minority man who has used or is at risk of using violence in relationships ○ have children under 19 (for the Vancouver program only)
S.U.C.C.E.S.S	<p>COVID-19 Education and Vaccination for Immigrant Communities</p> <p>This free program offers education on COVID-19 and helps pair people with volunteers who speak Mandarin, Cantonese, Korean or Farsi to help them register for and receive their COVID-19 vaccinations.</p>	<p>negin.taassob@success.bc.ca 236-880-3261.</p> <ul style="list-style-type: none"> ○ Chinese, Korean or Farsi-speaking members of the public are invited to register.
S.U.C.C.E.S.S	<p>Dementia Education for Immigrant Communities</p> <p>This free program offers virtual education on living with dementia for individuals and their</p>	<p>negin.taassob@success.bc.ca 236-880-1871.</p>

	caregivers in Mandarin, Cantonese, Korean and Farsi.	
S.U.C.C.E.S.S	<p>Health Fair</p> <p>Bringing together health associations, healthcare professionals and community agencies from across Metro Vancouver, the annual health fair provides multi-lingual information and resources that enhance community wellness.</p>	<p>28 West Pender Street Vancouver, BC V6B 1R6 236-333-9774 healthfair@success.bc.ca</p>
S.U.C.C.E.S.S	<p>Health Workshops</p> <p>Individuals and families are able to better manage their health and well-being by accessing culturally-appropriate workshops and services that increase their awareness, knowledge, and skills.</p>	<p>28 West Pender Street Vancouver, BC V6B 1R6 604-684-1628</p>
UMBRELLA HEALTH COOP	<p>Family Practice + Cross Cultural Health Brokers</p> <p>CCHBs are bilingual/bicultural health workers who work with patients from their own cultural communities to help them access medical and social services and to empower them to make informed decisions. They support the relationship between patients and family doctors. Our family practice sees patients who self-identify as experiencing cultural and language barriers to accessing health care. We serve patients from the following communities: Middle Eastern (Arabic-speaking); Iranian/Afghan (Farsi/Pashto/Dari-speaking); Latin American (Spanish-speaking); Eritrean (Tigrinya/Amharic-speaking).</p>	<p>Phone: 604-553-0633</p> <p>Email: info@umbrellacoop.ca</p>
UMBRELLA HEALTH COOP	<p>Pediatric Consultation Clinic</p> <p>We operate a pediatric consultation clinic once per month for immigrants and newcomers who have language and cultural barriers accessing health services.</p>	<p>Phone: 604-553-0633</p> <p>Email: info@umbrellacoop.ca</p>
UMBRELLA HEALTH COOP	<p>Umbrella Mobile Clinic</p> <p>Launched in June 2011, the Umbrella Mobile Clinic is specially targeted to the unique needs of temporary foreign farm workers.</p> <p>The clinic operates on a pop-up basis, at times from a trailer converted into a medical clinic, and at times in spaces donated by partner organizations. The mobile clinic team travels throughout the Fraser Valley providing Spanish language medical services. The crew consists of physicians, physiotherapist, Cross Cultural Health Brokers, and many support workers.</p>	<p>Phone: 604-553-0633</p> <p>Email: info@umbrellacoop.ca</p>
UMBRELLA HEALTH COOP	<p>Social Determinants of Health</p> <p>Our Social Determinants of Health Program helps connect immigrants and newcomers with</p>	<p>Phone: 604-553-0633</p> <p>Email: info@umbrellacoop.ca</p>

	resources and social services to meet their needs.	
UMBRELLA HEALTH COOP	<p>Umbrella Babies</p> <p>Umbrella Babies is a mom and baby program led by a Cross Cultural Health Broker that empowers new and expecting mothers to make informed choices about their health during their birthing year. Currently, Umbrella Babies groups serve Spanish-language (Voces Maternas).</p>	<p>Phone: 604-553-0633</p> <p>Email: info@umbrellacoop.ca</p>

HOUSING

AGENCY	SERVICES + PROGRAMS	IMPORTANT INFORMATION
LOWER MAINLAND PURPOSE SOCIETY	<p>Housing Support Program</p> <p>The Housing Support Program employs a client-focused approach to prevent housing loss through targeted interventions and community engagement. Our aims are to preserve community connections and attain shelter diversion outcomes, thereby enhancing housing stability and reducing emergency shelter overflow.</p>	<p>tejpaul.dhaliwal@purposesociety.org 604-526-2522</p>
LOWER MAINLAND PURPOSE SOCIETY	<p>The Purpose Nightly Shelter</p> <p>In December, 2021, the Purpose Society opened an Emergency Weather Response Shelter (EWR) at the back of 502 Columbia Street, the former Army and Navy building.</p> <p>This site not only provides a refuge from the cold and wet weather, but a place where people who are experiencing homelessness can receive a hot bowl of soup, coffee/tea and a chance to speak to staff who are experienced in listening to people in crisis.</p>	<p>40 Begbie Street (604) 526-2522</p>
LOWER MAINLAND PURPOSE SOCIETY	<p>New Westminster Rent Bank</p> <p>Purpose Rent Banks provide support to keep low to moderate-income individuals and families housed. Loans are provided</p>	<p>Phone: 604-526-2522</p> <p>Email: newwestminsterrentbank@purposesociety.org</p>
S.U.C.C.E.S.S	<p>Affordable Housing</p> <p>Since 2008, S.U.C.C.E.S.S. has been operating and managing affordable housing projects throughout Metro Vancouver. We provide quality, affordable rental homes so families and individuals can thrive, ensuring successful tenancies, safety and well-being of tenants through effective operations, maintenance and repair of the buildings.</p>	<p>Call main number at BC Housing</p>

INFORMATION

AGENCY	SERVICE + REQUIREMENTS	IMPORTANT INFORMATION
FAMILY SERVICES	<p>Victim Services</p> <p>Family Services has 18 Victim Support Workers embedded with various units of the New Westminster Police Department, the Vancouver Police Department, and in partnership with the RCMP in Richmond, Burnaby and at UBC. Victim Support Workers offer trauma-informed support; safety planning; referral to resources; support navigating the criminal justice system; advocacy with various Ministries; and community education about sexual assault, human trafficking, and domestic and gender-based violence.</p>	<p>604 731 4951</p> <p>contactus@fsgv.ca</p>
FAMILY SERVICES	<p>Financial Empowerment</p> <p>Through one-on-one coaching and workshops for community organizations and the public, Financial Empowerment teaches financial literacy and helps people navigate tax filing and government benefits. Our expert staff train other organizations working with vulnerable individuals to better achieve financial stability and resilience.</p>	<p>604 731 4951</p> <p>contactus@fsgv.ca</p>
FAMILY SERVICES	<p>Literacy New Westminster</p> <p>FSGV partners with local organizations to build awareness of the importance of literacy and to support programs for children, youth, adults, seniors, and families. Outreach work includes free book distribution at community events and for/to other organizations.</p>	<p>604 731 4951</p> <p>contactus@fsgv.ca</p>
ISS	<p>Immigration and Refugee Legal Clinic</p> <p>This clinic provides free legal representation and advice for low-income refugee claimants, immigrants and people without legal status. We focus on assisting individuals and families whose immigration or refugee legal issues are not covered or easy to serve in the traditional legal aid system.</p>	<p>778-372-6583</p> <p>info@irlc.ca</p> <ul style="list-style-type: none"> ○ <i>Low-income refugees</i>
ISS	<p>Respect at Work Legal Clinic</p> <p>Get educated, find support or receive legal advice on sexual harassment in the workplace through free clinics and one-on-one sessions with experienced staff.</p>	<p>Phone: 604-684-3599</p> <p>Email: respect.work@issbc.org</p> <ul style="list-style-type: none"> ○ <i>Caregiver</i> ○ <i>Migrant worker</i> ○ <i>Temporary foreign worker</i> ○ <i>International student</i> ○ <i>Permanent resident</i> ○ <i>Convention refugee</i> ○ <i>Refugee claimant</i> ○ <i>Naturalized Citizen</i>

<p>LOWER MAINLAND PURPOSE SOCIETY</p>	<p>Digital Inclusion Program</p> <p>Our Digital Inclusion program aims to eliminate the digital divide experienced by vulnerable and street-entrenched populations. The digital divide refers to the gap between those who have access to computers and electronic devices, and those who do not. We have a Digital Inclusion Hub that is located at Purpose Society where people can come to use our computers, phones or our printer</p>	<p>Phone: 604-526-2522</p> <p>Email: newwestminsterrentbank@purposesociety.org</p>
<p>MOSAIC</p>	<p>Victim Support from a Multicultural Perspective <u>Multicultural Victim Services</u></p> <p>If you have been the victim of a crime, we can help you. Our Multicultural Victim Services provides emotional support, information about your rights, and referrals for those living in Vancouver and Burnaby. You do not need to report a crime to the police to receive help.</p> <p>This program serves the specific needs of multicultural and immigrant peoples.</p>	<p>victim.support@mosaicbc.org</p> <p>236-512-7149</p> <p>Services are available for victims of crime living in Vancouver and Burnaby, irrespective of gender and immigrant statuses.</p>
<p>MOSAIC</p>	<p>Preventing the Exploitation of Newcomers <u>The Safeguarding and Facilitating Empowerment (SAFE) Project</u></p> <p>The Safeguarding and Facilitating Empowerment (SAFE) Project is researching and raising awareness of exploitation issues in at-risk populations.</p> <p>The program will:</p> <ul style="list-style-type: none"> • research trafficking and exploitation • survey community members on the issues • deliver educational sessions to raise awareness • create systems and processes to best support victims and survivors of exploitation <p>This program will create a library of resources on prevention and intervention strategies. This library will be shared with other organizations to help their at-risk populations.</p>	<p>safe@mosaicbc.org</p> <p>778-918-4919</p> <ul style="list-style-type: none"> ○ <i>born outside Canada;</i> ○ <i>regardless of immigration status</i> ○ <i>undocumented persons welcome</i> ○ <i>who has experienced exploitation or human trafficking;</i> ○ <i>who feels at risk of experiencing exploitation or human trafficking</i>
<p>MOSAIC</p>	<p>Legal Help for Immigrants and Refugees <u>MOSAIC Legal Advocacy Program</u></p> <p>MOSAIC's Legal Advocacy Program provides legal info, advice, referrals, legal support, and representation to low-income immigrants and refugees. We help newcomers navigate the Canadian legal system, ensuring that they know their legal rights and responsibilities.</p> <p>In-person services are available. No drop-ins. Emailing us is preferred as we are often working remotely.</p>	<p>legaladvocacy@mosaicbc.org</p> <p>604-254-9626</p> <ul style="list-style-type: none"> ○ <i>low income</i> ○ <i>issues not covered by other legal agencies</i> ○ <i>difficulty speaking or understanding English</i> ○ <i>little or no knowledge of the Canadian legal system</i>

<p>MOSAIC</p>	<p>Support for Migrant Workers and Employers</p> <p><u>MOSAIC’s Migrant Workers Program</u></p> <p>MOSAIC’s Migrant Workers Program helps migrant workers learn about their workplace rights and how to access services. We also help employers understand their duties when hiring workers.</p> <p>We also provide funds to help over 20 non-profit agencies support workers and their employers. We have partnered with these agencies to build capacity through sharing resources and providing direct support for migrant workers.</p> <p>Services are available in English, Spanish, Tagalog, Punjabi, Hindi, Urdu, French, Mandarin, and Cantonese. Ask us about support for other languages.</p>	<p>migrantworkers@mosaicbc.org</p> <ul style="list-style-type: none"> ○ <i>migrant workers in BC on a closed work permit under the Temporary Foreign Worker Program</i> ○ <i>employers with an LMIA</i> ○ <i>migrant workers on an open work permit for vulnerable workers</i> ○ <i>migrant workers on implied status</i>
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LANGUAGE

AGENCY	SERVICE + REQUIREMENTS	IMPORTANT INFORMATION
<p>CENTURY HOUSE</p>	<p>English and French conversation classes at beginner levels.</p>	<p>https://www.centuryhouseassociation.com/activity/english-conversation-ecp/</p>
<p>DOUGLAS COLLEGE</p>	<p>Language Instruction for Newcomers to Canada (LINC)</p> <p>The LINC program is one of the immigrant settlement services provided through the National Settlement Program. It is funded by Immigration, Refugees and Citizenship Canada (IRCC), and is free to eligible participants. LINC provides basic and intermediate-level English training for newcomers to Canada.</p>	<p>ttg@douglascollege.ca</p>
<p>ISS</p>	<p>Language Instruction for Newcomers to Canada (LINC)</p> <p>Our free LINC English classes are delivered by qualified instructors, and will equip you with the English conversation skills you need to settle in Canada, make new connections, and find work. LINC classes improve your English reading, writing, listening, and speaking skills, while providing you with information on your local community, Canadian culture, and job search support</p>	<p>See website for list of varied LINC classes.</p>
<p>ISS</p>	<p>LINC CLB 1-8</p> <p>Learn English and Canadian culture, and explore your community as soon as you come to Canada.</p>	<p>Vancouver: 604-684-2561 Burnaby: 604-936-0210 Coquitlam (Lincoln): 604-942-1777 Maple Ridge: 778-372-6567 New Westminster: 604-522-5902 Port Coquitlam: 778-372-6560 Richmond: 604-233-7077 Squamish: 604-567-4490</p>

		<ul style="list-style-type: none"> ○ are a Permanent Resident and 17 years of age or older (Canadian Citizens are not eligible to take LINC in Metro Vancouver) ○ completed an evaluation at a LINC Assessment Centre
ISS	<p>LINC for Life and Work CLB 5 and 6</p> <p>Learn English and job search skills to help you settle and reach your employment potential.</p>	<p>Contact:</p> <p>Richmond – linc.richmond@issbc.org or 604-233-7077</p> <p>New Westminster/Burnaby – linc.nw@issbc.org or 604-522-5902</p> <ul style="list-style-type: none"> ○ are a Permanent Resident and 17 years of age or older (Canadian Citizens are not eligible to take LINC in Metro Vancouver) ○ completed an evaluation at a LINC Assessment Centre
ISS	<p>LINC for Employment – CLB 7 and 8</p> <p>Learn job search skills and workplace English, and put your international experience to work.</p>	<p>Email: linc.vancouver@issbc.org or call 604-684-2561</p> <ul style="list-style-type: none"> ○ are a Permanent Resident and 17 years of age or older (Canadian Citizens are not eligible to take LINC in Metro Vancouver) ○ completed an evaluation at a LINC Assessment Centre
ISS	<p>LINC in Sea-to-Sky and Sunshine Coast</p> <p>Learn English and Canadian culture, explore your community and take advantage of online classes.</p>	<p>Email: linc.squamish@issbc.org or call 604-567-4490</p> <ul style="list-style-type: none"> ○ are a Permanent Resident and 17 years of age or older (Canadian Citizens are eligible to take LINC in Sea-to-Sky and Sunshine Coast Communities) ○ are a Temporary Foreign Worker on pathway to permanent residency ○ are a Naturalized Canadian citizens needing a minimum English level to participate in employment training programs ○ completed an evaluation at a LINC Assessment Centre
ISS	<p>Learn English</p> <p>Our programs are designed to improve the English skills of ESL students. Students can start at any level from Literacy to Advanced and are placed in the appropriate course, from which they can work their way to higher levels.</p>	<p>604-684-2325</p> <p>info@LCC.issbc.org</p>
ISS	<p>Testing and Training</p> <p>The Canadian Language Benchmarks Placement Test (CLBPT) is a streamlined assessment tool. It is task-based and looks at the four primary language skills (Reading, Writing, Listening, and Speaking), and is aligned with the Canadian Language Benchmarks levels 1 – 8. Additionally, ISS Language and Career College of BC can help you assess your current or future employees' language skills. Whether for internal promotion</p>	<p>604-684-2325</p> <p>info@LCC.issbc.org</p> <ul style="list-style-type: none"> ○ A new international student who wants to register in an LCC program? ○ An ESL speaker who just wants know your language level? ○ An employer who needs English assessments or classes for your employees?

	or during recruitment, our language tests will assist you in finding the right candidates.	
LOWER MAINLAND PURPOSE SOCIETY	<p>English Made Easy (EME)</p> <p>For ages birth-6 years. This group is a great opportunity for parents, grandparents and children to learn English, make friends, enjoy great food and learn about other cultures. Adults participate in an interactive and practical English lessons while the children learn language through fun crafts, songs and play.</p>	<p>778 727 0786 ext. 205 or 604-526-2522</p> <p>mail@purposesociety.org or call</p> <p>No immigration status</p>
MOSAIC	<p>Study English with MOSAIC Engage</p> <p><u>MOSAIC Engage IELTS Test Centre</u></p> <p>MOSAIC Engage offers General and Academic IELTS Testing at 4 convenient locations in Vancouver and Surrey. We offer traditional IELTS on-paper tests and, for extra fast results in as few as 2 days, IELTS on the computer!</p>	<p>info@mosaicbc.org</p> <p>604-254-9626</p>
MOSAIC	<p>Study English with MOSAIC Engage</p> <p><u>MOSAIC Engage CLBPT Test Centre</u></p> <p>The Canadian Language Benchmarks (CLBs) are a national, standardized system of measuring a person’s English language proficiency in Listening, Speaking, Reading and Writing English. The CLBPT results can help you understand your language level according to the leading Canadian standard for measuring English, and can be used for placement into language training programs or workplace training programs with a language component.</p>	<p>info@mosaicbc.org</p> <p>604-254-9626</p>
MOSAIC	<p>Study English with MOSAIC Engage</p> <p><u>Paid English Classes</u></p> <p>We provide affordable English language training to newcomers. MOSAIC Engage provides affordable English language training to newcomers not eligible for LINC: Visitors, Worker Visas, Refugee claimants, Citizens, or Permanent Residents on LINC waitlists.</p>	<p>info@mosaicbc.org</p> <p>604-254-9626</p>
MOSAIC	<p>Invest in your employees – Train with MOSAIC Engage</p> <p><u>Workplace Essentials Program</u></p> <p>We help our clients address fundamental skills gaps in crucial areas of employment. Our courses and workshops deliver the knowledge and learning strategies to help your staff fill these gaps and allow your team to thrive in the workplace.</p>	<p>info@mosaicbc.org</p> <p>604-254-9626</p>
MOSAIC	<p>Language Instruction For New Immigrants & Refugees (LINC)</p> <p><u>Free English Classes</u></p>	<p>Phone: 604-684-8825</p> <p>Email: LINCvancouver@mosaicbc.org</p>

	<p>LINC (Language Instruction for Newcomers to Canada) is a free program funded by Immigration, Refugees and Citizenship Canada (IRCC). LINC provides basic and intermediate level ENGLISH training for adult newcomers to Canada with a PR card. Our small classes include group lessons and individual practice. Our TESL-certified teachers are ready to help you with learn English in Burnaby, Surrey, Vancouver and online.</p>	<p>Phone: 604-298-8201 Email: LINCBurnaby@mosaicbc.org Phone: 778-591-9334 Email: LINC Surrey@mosaicbc.org</p> <ul style="list-style-type: none"> ○ <i>permanent residents 17 years or older (PR Card)</i> ○ <i>newcomers approved for permanent residence</i> ○ <i>convention refugees</i>
MOSAIC	<p>Helping you communicate without barriers <u>Interpretation & Translation Services</u></p> <p>We are one of BC's and Canada's top single source language service provider for both public and private sectors. What makes us stand out as the service of choice for interpretation and translation is our ability to respond to the needs of our clients, our professional and efficient work ethic, and our network of over 300+ qualified and/or credentialed language specialists. We have worked on hundreds of big, small, simple and multifaceted projects over the years, and that experience enables us to confidently say we will give you only the very best in service.</p>	<p>604-254-9626 info@mosaicbc.org</p>
NEW WESTMINSTER PUBLIC LIBRARY	<p>English Conversation Circles:</p> <p>Make new friends while practicing English at our weekly Conversation Circles. Join us to improve your conversation skills, learn more about Canadian culture, and build your speaking confidence. All adults are welcome. Registration preferred, as drop-in spots are limited. Register once to be included in all Friday Conversation Circle sessions. Held in partnership with ISS of BC.</p>	<p>604-527-4660</p>
PIRS	<p>English Classes <u>Moving Forward</u></p> <p>The Moving Forward program caters to immigrant and refugee women who speak English at a lower intermediate level (CLB 4 – 6) and are ready to start exploring their options: continuing education, networking, and volunteering opportunities. The program encourages social interaction in an intercultural environment while practicing and improving English speaking and conversation skills.</p>	<p>604-298-5888</p>
S.U.C.C.E.S.S	<p>Language Instructions for Newcomers to Canada (LINC) programs are FREE, government-funded English language classes for eligible immigrants and refugees. LINC instructors use settlement themes to teach reading, writing, listening and speaking skills within the framework of Canadian Language Benchmarks.</p>	<p>604-684-1628 (Vancouver office)</p>

S.U.C.C.E.S.S	English Conversation Circles Help participants improve their listening and speaking skills by focusing on language for social networking, allowing for the integration of the participants in their communities. There are some conversation circles that are just for seniors.	604-684-1628 (Vancouver office)
S.U.C.C.E.S.S	Immigrant Employment Language Training Services Newcomers advance their careers in Canada through innovative employment language training services that build their industry/occupation-specific workplace English, essential, and soft skills that are key to BC's post COVID-19 recovery. <u>Immigrant Skills Training for High Demand Sectors</u> <ul style="list-style-type: none"> Intensive 10-week English language and employment-focused training to prepare for a career as warehouse workers <u>Integrated Immigrant Employment Program</u> <ul style="list-style-type: none"> Intensive employment-focused English language training for customer service in hospitality and tourism 	WorkplaceLanguage@success.bc.ca <ul style="list-style-type: none"> Newcomer Resident in BC (landed in Canada within the past 10 years) Unemployed, under-employed, or seeking career advancement Canadian Language Benchmark (CLB) 5 or higher Commitment to complete the program online using Zoom EmploymentLanguage@success.bc.ca <ul style="list-style-type: none"> Newcomer Resident of Canada (Canadian Citizen, Permanent Resident, or Open Work Permit Holder) Canadian Language Benchmark (CLB) 6 or higher Unemployed, underemployed, or seeking career advancement Commitment to complete the program online using Zoom

SENIORS

AGENCY	SERVICES + PROGRAMS	IMPORTANT INFORMATION
CENTURY HOUSE	Our volunteers work with city staff to operate this leading-edge facility, providing opportunities for 50+ adults to explore a wide variety of activities, education, wellness, and fitness programs as well as social connections and much more—all within a welcoming, supportive, and stimulating community of peers.	604- 519-1066 info@centuryhouseassociation.com
ISS	Connecting Seniors Join our targeted activities for older adults and seniors to help you make new friends, join in local events and learn about your community.	Burnaby /Vancouver Call: 604-395-8000 Email: seniors.burnaby@issbc.org Tri-Cities/Surrey Call: 604-351-4519 Email: newhorizons@issbc.org <ul style="list-style-type: none"> 55 years old and up Permanent resident Protected Person as defined in S. 95 of IRPA Individuals who have been selected to become permanent residents and who have been informed by a letter from IRCC Live-in Caregiver or Temporary Foreign Worker Provincial nominees who are still awaiting a letter of approval for permanent residency from IRCC

		<ul style="list-style-type: none"> ○ Naturalized Canadian citizen ○ Priority given to newcomers who have been in Canada five (5) years or less.
MOSAIC	<p>One-on-One Support for Seniors</p> <p><u>MOSAIC CARES for Seniors</u></p> <p>CARES for Seniors helps older adults get help and support when they need it. We provide support to help you:</p> <ul style="list-style-type: none"> ● improve your overall wellness ● get referrals for more help ● increase your confidence ● make day-to-day tasks easier <p>Your Seniors Community Connector and your volunteer buddy will help you with your health and well-being needs. They work alongside your health care providers to give you the physical and mental care you need to live a happy life in Canada.</p>	<p>CARES@mosiacbc.org</p> <p>604 438 8214 ext. 115</p> <p><i>Seniors can join if over 65 years, living in Burnaby and meet any of the following criteria:</i></p> <ul style="list-style-type: none"> ○ have poor or declining physical or emotional health ○ go to the doctor or hospital a lot ○ low English skills or language barrier ○ need support to be independent ○ newcomer senior ○ feel isolated in their community ○ want to increase their health and social skills
MOSAIC	<p>A social club for immigrant seniors</p> <p><u>MOSAIC Seniors Club</u></p> <p>Are you interested in taking part in your new community? The MOSAIC Seniors Club is for newcomer immigrants, refugee-immigrants, age 55+, and seniors from all ethnic communities who want group support, learning, and activities.</p> <p>This club is a place where you feel part of a community, do age-appropriate activities, and have fun. Seniors also receive information and resources on government benefits, community support, health-related information and information on Canadian laws and rights.</p>	<p>seniors@mosaic.org</p> <p>daisyau@mosaic.org</p> <ul style="list-style-type: none"> ○ aged 55+ ○ wanting to meet new people ○ a newcomer or refugee-immigrant ○ wanting to learn about Canadian culture ○ any background or ethnicity
SENIORS SERVICES SOCIETY	<p>Local and provincial programs and services</p> <p>Support vulnerable older adults to live as independently as possible. Provide housing and support services, and community education initiatives.</p>	<p>https://www.seniorsservicessociety.ca/</p>
S.U.C.C.E.S.S	<p>Better at Home</p> <p>Older adults maintain their independence and achieve healthy aging through our non-medical services that assist them with day-to-day activities. Our services are offered in the communities of Vancouver Hastings-Sunrise and Surrey-Whalley.</p>	<p>604-375-0248</p> <p>janet.wu@success.bc.ca</p> <p>Surrey-Delta Service Centre#100 - 15117 101 Avenue Surrey, BC V3R 8P7</p> <p>604-445-0759</p> <p>ginny.yang@success.bc.ca</p>
S.U.C.C.E.S.S	<p>Chinese Meals on Wheels</p> <p>S.U.C.C.E.S.S. Multi-Level Care Society supports seniors to enhance their quality of life by promoting healthy eating. We have been partnering with Health & Home Care Society of</p>	<p>Western Meals on Wheels (Vancouver + Richmond)</p> <p>wmow@carebc.ca</p> <p>604-732-7638</p>

	BC and Burnaby Meals on Wheels to meet the nutritional needs of seniors in our community.	Burnaby Meals on Wheels 2055 Rosser Ave Burnaby, BC, V5C 0H1 Phone: 604-299-5754 Fax: 604-299-3755
S.U.C.C.E.S.S	Immigrant Seniors Go Digital Immigrant seniors enhance their digital literacy skills to use computers, tablets and smartphones, as well as build their confidence to access the internet safely through our interactive classes.	Pender Service Centre 28 West Pender Street Vancouver, BC V6B 1R6 604-408-7274 ext. 1083 digital.literacy@success.bc.ca <ul style="list-style-type: none"> ○ <i>Immigrants and refugees</i> ○ <i>Age 55 and older</i> ○ <i>Speak English, Cantonese, Mandarin, Korean, or Farsi</i>
S.U.C.C.E.S.S	Prescribing Wellness for Older Adults Older adults in Vancouver experience greater community inclusion, enhanced emotional well-being, and improved health outcomes through our culturally-appropriate services that bridge them to activities and resources in the local community.	Pender Service Centre 28 West Pender Street Vancouver, BC V6B 1R6 236-880-1071 socialprescribing@success.bc.ca <ul style="list-style-type: none"> ○ <i>age 55 or older</i> ○ <i>Reside in Centre North Vancouver area (Northeast False Creek, Downtown Eastside, and Grandview Woodlands)</i> ○ <i>Require support to connect to multi-lingual and culturally-appropriate social and community services</i>
S.U.C.C.E.S.S	S.U.C.C.E.S.S. Adult Day Programs S.U.C.C.E.S.S. Multi-Level Care Society supports seniors to stay healthy and happy in the community, which prevents premature hospitalization and/or institutionalization.	Chieng's Adult Day Centre 555 Carrall Street Vancouver, BC V6B 2J8 604-608-8813 mlcinfo@success.bc.ca <ul style="list-style-type: none"> ○ <i>Senior can be 60 years or older</i> ○ <i>Senior can be mobile or in wheelchair</i> ○ <i>Senior can be independent or requiring assistance in eating</i> ○ <i>Senior can have dementia but not aggressive</i> Jackson Lam Adult Day Centre 5411 Moncton Street Richmond, BC V7E 0A8 604-242-0704 mlcinfo@success.bc.ca <ul style="list-style-type: none"> ○ <i>Senior can be male or female and 60 years or older</i> ○ <i>Senior can be mobile or in wheelchair</i>

		<ul style="list-style-type: none"> ○ <i>Senior can be independent or requiring assistance in eating</i> ○ <i>Senior can have dementia but not aggressive</i>
S.U.C.C.E.S.S	<p>S.U.C.C.E.S.S. Assisted Living Residences</p> <p>S.U.C.C.E.S.S. Multi-Level Care Society offers assisted living services to support seniors who are relatively independent but require a little extra assistance. Assisted living offers a combination of both housing and health services.</p>	<p>Austin Harris Residence</p> <p>5411 Moncton Street Richmond, BC V7E 0A8 604-277-9819 mlcinfo@success.bc.ca</p> <ul style="list-style-type: none"> ○ <i>Be eligible to receive Home and Community Care services</i> ○ <i>Be able to direct their own care and make decisions</i> ○ <i>Be able to live independently but require help with daily activities</i> ○ <i>Be able to communicate and be understood by others</i> ○ <i>Be able to take direction in an emergency and use the emergency response system</i> ○ <i>Not behave in ways that place the safety of others at risk</i> ○ <i>Not been managing well at home with the available services</i> <p>Harmony House</p> <p>580 Shanghai Alley Vancouver, BC V6B 1N8 604-648-0012 mlcinfo@success.bc.ca</p> <ul style="list-style-type: none"> ○ <i>Be eligible to receive Home and Community Care services</i> ○ <i>Be able to direct their care and make decisions</i> ○ <i>Be able to live independently but require help with daily activities</i> ○ <i>Be able to communicate and be understood by others</i> ○ <i>Be able to take direction in an emergency and use the emergency response system</i> ○ <i>Not behave in ways that place the safety of others at risk</i> ○ <i>Not been managing well at home with the available services</i>
S.U.C.C.E.S.S	<p>S.U.C.C.E.S.S. Simon K.Y. Lee Seniors Care Home</p> <p>S.U.C.C.E.S.S. Multi-Level Care Society manages the Simon K.Y. Lee Seniors Care Home, which is named in honour of its key supporter, Mr. Simon K.Y. Lee. This long-term care facility offers culturally-appropriate professional care and supervision to adults in a supportive and secure environment.</p>	<p>Simon K.Y. Lee Seniors Care Home</p> <p>555 Carrall Street Vancouver, BC V6B 2J8 604-608-8800 mlcinfo@success.bc.ca</p>

○ *Open to any individual eligible for complex care services under The Ministry of Health.*

SETTLEMENT

AGENCY	SERVICES + PROGRAMS	IMPORTANT INFORMATION
ISS	<p>Settlement Support</p> <p>Learn about Canada, Canadian social systems and community services that help you and your family settle in your new community. Services available in first language and English.</p>	<p>Vancouver: 604-684-2561 Burnaby: 604-395-8000 Coquitlam (Cottonwood): 778-383-1438 Coquitlam (Lincoln): 778-284-7026 Langley: 604-510-5136 Maple Ridge: 778-372-6567 New Westminister: 604-522-5902 Richmond: 604-233-7077 email: settlement@issbc.org</p> <ul style="list-style-type: none"> ○ <i>Permanent resident</i> ○ <i>Protected Person as defined in S. 95 of IRPA</i> ○ <i>Individuals who have been selected to become permanent residents, and who have been informed, by a letter from IRCC</i> ○ <i>Live-in Caregiver or Temporary Foreign Worker</i> ○ <i>Provincial nominees who are still awaiting a letter of approval for permanent residency from IRCC</i> ○ <i>Naturalized Canadian citizen</i> ○ <i>Priority given to newcomers who have been in Canada five (5) years or less.</i>
ISS	<p>Moving Ahead</p> <p>If you are a newcomer facing challenges adjusting to life in Canada, we offer settlement and integration services that can help.</p>	<p>Call: 604-522-5902 Email: Map@issbc.org</p> <ul style="list-style-type: none"> ○ <i>Permanent resident</i> ○ <i>Protected Person as defined in S. 95 of IRPA</i> ○ <i>Individuals who have been selected to become permanent residents, and who have been informed by a letter from IRCC</i> ○ <i>Priority given to newcomers who have been in Canada five (5) years or less and those facing multiple vulnerabilities</i>
ISS	<p>Settlement Orientation Services</p> <p>A program to help refugee claimants go through the refugee claim process.</p>	<p>Email: sos@issbc.org Call: 604-255-1881</p> <ul style="list-style-type: none"> ○ <i>Refugee claimants needing assistance with the claim process or with settlement issues</i> ○ <i>You must have at least one original identity document (I.D.) from your country of origin. Examples: passport or travel document, birth certificate, marriage certificate, school records, national I.D. cards, voter registration card.</i>
MOSAIC	<p>Settlement Help for Newcomers</p> <p><u>Gender-Based Enhanced Settlement Program (GESP)</u></p> <p>The Gender-Based Enhanced Settlement Program (GESP) supports newcomer families settling in Canada. It is free, confidential, and available for</p>	<p>sraheja@mosaicbc.org 236-688-8107</p> <ul style="list-style-type: none"> ○ <i>permanent residents living in Canada</i> ○ <i>conventional refugees living in Canada</i>

	<p>both men and women. We give you all the information you need to settle into your community. We also discuss gender roles in Canada and promote healthy relationships.</p>	
MOSAIC	<p>Support for Refugee Claimants</p> <p><u>Refugee Settlement and Integration Program</u></p> <p>Our team provides support services, direction, and guidance as you settle in Canada: Settlement Support; Social Connections + Community Building; Customized Employment Services; Mental Health + Wellbeing Support; Fraser Valley Multi-Agency Partnership. Support is available in English, Français (French), العربية (Arabic), فارسی (Farsi), كوردی (Kurdish), Español (Spanish), Thuɔŋjäŋ (Dinka), Kiswahili (Swahili), Magyarul (Hungarian), 普通话 (Mandarin & Cantonese), Deutsch (German), and more.</p>	<p>refugeclaimant@mosaicbc.org</p> <p>604.254.9626</p> <ul style="list-style-type: none"> ○ <i>Refugee claimant</i>
MOSAIC	<p>Support for Temporary Residents</p> <p>Through the <u>BC Settlement and Integration Services (BCSIS)</u> program, we provide essential support services, employment guidance, trainings, community referrals, and other support for temporary residents of Canada. Clients of all backgrounds, ethnicities, sexual orientations, and genders are welcome.</p>	<p>bcsis@mosaicbc.org</p> <ul style="list-style-type: none"> ○ <i>Refugee claimants</i> ○ <i>Naturalized citizens</i> ○ <i>Provincial nominees</i> ○ <i>Provincial nominees</i> ○ <i>Temporary Foreign Workers (TFW)</i> ○ <i>International students</i>
MOSAIC	<p>A Lifeline for Refugees</p> <p><u>Operation #NotForgotten</u></p> <p>We provide refugees with a way to resettle in Canada through MOSAIC's Private Refugee Sponsorship Program. Currently, this project is focusing on the resettlement of refugees who have been indefinitely detained on Papua New Guinea and Nauru Island, due to Australia's controversial offshore processing policy. They were left with no hope, no future prospects, and no other resettlement options.</p>	<p>onf@mosaicbc.org</p>
MOSAIC	<p>Private Refugee Sponsorship Program</p> <p>MOSAIC is a Canadian leader in the resettlement of refugees in Canada. It's part of a larger international humanitarian effort. We provide refugees with the support and tools to thrive in their new Canadian home.</p> <p>We support refugees from all countries, ethnicities, faiths, and sexual orientations. We work to ensure that even those who are not talked about in the media are not forgotten.</p> <p>Our Private Refugee Sponsorship program is recognized by the United Nations for its innovation and international partnerships.</p>	<p>SAH@mosaicbc.org</p>

MOSAIC	<p>Afghan Refugee Resettlement Initiative</p> <p>MOSAIC has committed to facilitating the resettlement of as many Afghan refugees as possible through our private sponsorship of refugees program from 2021-2024.</p> <p>The situation in Afghanistan has deteriorated and the country has experienced significant displacement and humanitarian crisis. MOSAIC stands with our community members who are directly impacted during this heartbreaking and uncertain time.</p>	Afghanresponse@mosaicbc.org
MOSAIC	<p>Settlement Services for Newcomers to Canada</p> <p><u>Moving Ahead Program</u></p> <p>Are you having trouble settling in Canada? Our settlement services can help.</p> <p>The Moving Ahead Program is for vulnerable immigrants and refugees who need help adapting to Canadian life. We help you learn English, get jobs or upgrade your skills, access local resources, and learn Canadian culture.</p> <p>The Moving Ahead services are available in Amharic, Arabic, Dari, English, Farsi, French, Kinyarwanda, Kirundi, Kurdish, Lingala, Nuba, Pashto, Swahili, Tigrigna, and Urdu.</p>	<p>movingahead@mosaicbc.org</p> <p>604-636-4712</p> <ul style="list-style-type: none"> ○ <i>limited English or French skills</i> ○ <i>housing/homelessness struggles</i> ○ <i>a lack of social support</i> ○ <i>low level of education or none</i> ○ <i>health issues</i> ○ <i>a lack of job-readiness and computer skills</i> ○ <i>trouble adjusting to Canadian culture</i> ○ <i>low income or financial difficulties</i>
MOSAIC	<p>Pre-arrival Services – Settlement</p> <p>Planning for Canada provides resources and support to prepare for your move to Canada. Services are personalized based on your needs.</p> <p>Our Canada pre-arrival services are for individuals currently living outside Canada but planning to move soon. See full eligibility details below.</p>	<p>778-591-9334 ext. 116</p> <ul style="list-style-type: none"> ○ <i>applied for immigration to Canada as a principal applicant, spouse or adult dependant and have one of the following:</i> ○ <i>a passport request letter with permanent resident visa issuance</i> ○ <i>a permanent resident visa pick up notification letter</i> ○ <i>an IRCC invitation to get pre-arrival services</i> ○ <i>an IRCC request that an applicant for permanent residence complete a medical examination</i> ○ <i>an Offer of Employment to a Foreign National (Atlantic Immigration Pilot)</i> ○ <i>a Confirmation of Permanent Residence (COPR) letter/document</i> ○ <i>a Single Entry Permanent Resident Visa</i>
MOSAIC	<p>Get Newcomer Support in Canada</p> <p><u>Newcomers and Community Building Program</u></p> <p>Do you have questions about life and settlement in Canada? The Newcomers and Community Building Program has the newcomer support you need.</p> <p>We help you with your settlement needs, including:</p> <ul style="list-style-type: none"> ● getting a SIN (Social Insurance Number) ● support for applications/registrations (e.g., MSP, government benefits etc.) 	<p>settlement@mosaicbc.org</p> <p>604-254-9626</p> <ul style="list-style-type: none"> ○ <i>a permanent resident</i> ○ <i>a Protected Person</i> ○ <i>live-in caregivers with approved permanent residence status</i>

	<ul style="list-style-type: none"> • finding schools, jobs, and family doctors • learning English • accessing community resources • getting digital literacy support • providing referrals to community services <p>Services are available in: Arabic, Amharic, Cantonese, Dari, English, Farsi, French, Pashto, Korean, Kirundi, Kinyarwanda, Mandarin, Russian, Spanish, Swahili, Tagalog, and Tigrinya.</p>	
MOSAIC	<p>Mentoring Programs for New Immigrants in Canada</p> <p><u>Culture Connections Social Mentoring Program</u></p> <p>Connect with a local social mentor for support and friendship. In our mentoring programs for new immigrants in Canada, you get one-on-one support with your mentor and access to group activities.</p>	<p>culture@mosaicbc.org</p> <p>604-653-5138</p> <ul style="list-style-type: none"> ○ <i>at least 18 years old</i> ○ <i>a permanent resident or protected person of Canada</i> ○ <i>live in the Greater Vancouver area</i>
S.U.C.C.E.S.S	<p>Action Commitment Transformation</p> <p>Newcomers with complex barriers to settlement increase their independence, enhance their well-being, and move forward on their Canadian journey. Our specialized and trauma-informed services address immediate critical needs and builds capacity to navigate Canadian systems.</p>	<p>Action Commitment Transformation (ACT) Vancouver Service Centre</p> <p>#101 - 27 West Pender Street Vancouver, BC V6B 2T2</p> <p>604-638-9199</p> <p>act@success.bc.ca</p> <p>Action Commitment Transformation (ACT) Tri-Cities Service Centre</p> <p>#221 - 1024 Ridgeway Avenue Coquitlam, BC V3J 1S5</p> <p>604-638-9199</p> <p>act@success.bc.ca</p> <ul style="list-style-type: none"> ○ <i>Permanent residents of Canada</i> ○ <i>Protected persons as defined in section 95 of the Immigrant & Refugee Protection Act (IRPA)</i> ○ <i>Individuals selected to become permanent residents by Immigration, Refugees & Citizenship Canada (IRCC)</i> ○ <i>Live-in caregivers with a work permit under section 112 of the Immigration & Refugee Protection Regulations (IRPR)</i>
S.U.C.C.E.S.S	<p>Active Engagement & Integration Project</p> <p>Newcomers are better prepared for their journey to Canada through our innovative pre-arrival services that address all aspects of settlement and employment. Our services ensure newcomers develop a strong foundation to successfully integrate into life in Canada.</p> <p><u>Active Engagement and Integration Project (AEIP)</u></p>	<p>604-408-7274 ext. 2048</p>

	Offers FREE pre-arrival services to individuals moving to Canada.	
S.U.C.C.E.S.S	<p>1 to 1 Consultations</p> <p>We can answer questions about staying permanently in BC. We also invite lawyers and immigration consultants to share current information about Canadian immigration. We can help you with your job search; from resumes, labour-market information, to connecting you with local employers. Networking events are there for you to meet local professionals and peers from different industries. Networking is key to finding work and getting insight into careers.</p>	<p>bcsis@success.bc.ca</p> <ul style="list-style-type: none"> ○ <i>Post-Secondary International Students</i> ○ <i>Foreign Workers with valid work permits</i> ○ <i>Provincial Nominees who waiting for permanent resident status</i> ○ <i>Refugee Claimants</i> ○ <i>Naturalized Citizens (Citizens born outside of Canada)</i>
S.U.C.C.E.S.S	<p>Workshops + Webinars</p> <p>Attend interactive workshops and webinars on a wide range of settlement and employment topics.</p>	<p>604-408-7274 ext. 2048</p> <p>bcsis@success.bc.ca</p>
S.U.C.C.E.S.S	<p>Career Mentoring + Networking</p> <p>Expand your professional career networks in Canada through mentoring and networking events.</p>	<p>604-408-7274 ext. 2048</p> <p>bcsis@success.bc.ca</p>
S.U.C.C.E.S.S	<p>Community Airport Newcomers Network</p> <p>Immigrants, refugees, and temporary foreign workers receive a warm welcome along with important information about living and working in Canada when they arrive at Vancouver International Airport.</p>	<p>604-270-0077</p> <p>cann@success.bc.ca</p>

WOMEN

AGENCY	SERVICES + PROGRAMS	IMPORTANT INFORMATION
ISS	<p>For Women</p> <p>Peer support and leadership training programs for women.</p>	<p>Vancouver: 604-684-7498 email: iwpsp@issbc.org Burnaby: 604-395-8000 email: iwpspburnaby@issbc.org</p>
ISS	<p>TechWomen</p> <p>TechWomen is a 9-month, part-time pre-employment program that provides you with technical and job readiness training.</p>	<p>604-684-2561</p> <ul style="list-style-type: none"> ○ <i>Are a landed immigrant, caregiver (with open work permit), refugee claimant or naturalized citizen</i> ○ <i>Are a woman</i> ○ <i>Have CLB level 6 or higher</i> ○ <i>Have basic computer skills</i> ○ <i>Are interested in pursuing a career in tech</i> ○
MOSAIC	<p>Free Online English Classes for Mothers</p> <p>The Ready English Accessible for Caregivers at Home (REACH) Program</p>	<p>(604) 254-9626</p>

	<p>Are you a newcomer mother looking to learn English? Our new online English classes for caregivers will help you learn English on your own time. MOSAIC has received funding to create online English classes for newcomer mothers who want to better their English skills. This is for mothers who can't attend in-person or live LINC English classes due to caring for their kids.</p>	
MOSAIC	<p>Career Support for Racialized Women</p> <p><u>Preparing Women and Workplaces for Success</u> is a FREE employment program for racialized women. We provide women paid employment readiness training, certifications, and financial supports to succeed in different sectors. Our first cohort is about to begin! Jumpstart your career in childminding with this 6-week training program. Get all the certificates to find a job in after-schools and community centres plus how to start your own family childcare.</p>	<p>womensuccess@mosaicbc.org</p> <ul style="list-style-type: none"> ○ <i>identify as a racialized woman</i> ○ <i>legally entitled to work in Canada (Canadian Citizen, Permanent Resident, Confirmed Refugee or Valid Work Permit)</i> ○ <i>unemployed or underemployed</i> ○ <i>CLB 5 or higher</i> ○ <i>available to attend training in person and online (Monday- Friday from 9 am to 5 pm)</i>
MOSAIC	<p>Immigrant Employment Services (Senior Care)</p> <p><u>Care Pathways For Newcomer Women in Seniors Care</u> is a FREE employment program for visible minority newcomer women. We provide training and help you find an entry-level job in senior care.</p>	<p>pathways@mosaicbc.org</p> <ul style="list-style-type: none"> ○ <i>identify as a visible minority newcomer woman</i> ○ <i>have a high school diploma or bachelor's degree</i> ○ <i>have Permanent Resident or Confirmed Refugee status</i> ○ <i>be able to perform in this physically demanding job</i> ○ <i>have an overall CLB 5 score or higher (or equivalent)</i> ○ <i>have full-time availability</i>
MOSAIC	<p>Counselling Support for Victims of Violence</p> <p><u>Stopping the Violence Counselling for Women</u></p> <p>We provide free and confidential support for women experiencing or at risk of abuse or violence. This program includes group or one-to-one counselling support, resources, and referrals.</p> <p>The Stopping the Violence counsellor provides a safe space for women to talk, get support, and feel safe. Service is available in English, French, Cantonese, Mandarin, and Japanese.</p> <p>In immediate danger?</p> <ul style="list-style-type: none"> ● Call 911 ● Call VictimLink at 1-800-563-0808 (translation available in 130 languages) ● Call a transition house or safe home near you. 	<p>mmak@mosaicbc.org</p> <p>236-512-9739</p> <ul style="list-style-type: none"> ○ <i>self-identified women</i> ○ <i>over the age of 19</i> ○ <i>living in Metro Vancouver Area</i>
MOSAIC	<p>Support for Survivors of Violence or Abuse</p> <p><u>Women's Support Group</u></p> <p>The MOSAIC Violence Prevention Programs, including the Women's Support Groups provide,</p>	<p>mmak@mosaicbc.org</p> <p>236-512-9739</p> <ul style="list-style-type: none"> ○ <i>self-identifying women</i> ○ <i>aged 19+</i>

	a safe space to share experiences and wisdom while learning with your peers.	o <i>women of any resident or immigration status</i>
MOSAIC	<p>Support for Women Experiencing Violence <u>Multicultural Outreach Services</u></p> <p>We provide free and confidential support for women experiencing or at risk of abuse or violence</p> <p>Our Support Worker will create a safe space for clients and help them live a safe life in BC. Our services are free, confidential, and focus on our client's unique needs.</p> <p>Due to COVID, most support is offered by phone or email. In-person services are by appointment only.</p>	<p>women.support@mosaicbc.org</p> <p>236-512-6170</p> <p>o <i>self-identified women</i></p> <p>o <i>over the age of 19</i></p> <p>o <i>living in Metro Vancouver Area</i></p>
PIRS	<p>LEAD Program</p> <p>Our FREE Leadership Education and Development (LEAD) program offers newcomer, immigrant and refugee women a space to focus on self-development, build leadership skills, re/gain confidence in creating connections and support network, and become active participants as well as leaders in their community. The usually 15/16 weeklong LEAD program starts in fall and continues through winter.</p>	604-298-5888
PIRS	<p>Building Bridges</p> <p>One of the earliest and signature women's leadership development programs at PIRS, Building Bridges is a FREE 20 week program that aims to help immigrant, refugee, and newcomer women regain confidence and fully participate in the community as facilitators, leaders, mentors, and entrepreneurs. This program is aimed at skilled immigrant and refugee women interested in developing professional, entrepreneurial leadership skills and increasing employability.</p>	604-298-5888
PIRS	<p>Immigrant Women's Advisory Committee (IWAC)</p> <p>The Immigrant Women's Advisory Committee (IWAC) brings together immigrant and refugee women who work collaboratively to create system changes – from raising awareness to advocacy for inclusion of immigrant women's perspectives and voices into policy development. The program aims to facilitate women's roles as community leaders and advocates into taking small steps and actions towards closing service gaps and breaking down barriers for immigrant and refugee women to thrive in Canada</p>	604-298-5888
PIRS	<p>Building a Childcare System that Works</p> <p>The Building a Childcare System that Works for Immigrant and Refugee Women project is a 2.5-</p>	604-298-5888

	year PIRS initiative funded by Women and Gender Equality Canada. It supports a feminist response and recovery from the current impacts of COVID-19 through systemic change in the childcare sector.	
PIRS	<p>Outreach Program</p> <p>The Outreach Program offers ongoing one-to-one outreach support via chat groups or one-on-one messaging, phone calls and home visiting for new immigrant and refugee women in our programs, who are experiencing multiple barriers and require support to positively adjust to their new life in Canada (and the new social context due to the pandemic).</p>	604-298-5888

YOUTH

AGENCY	SERVICES + PROGRAMS	IMPORTANT INFORMATION
FAMILY SERVICES	<p>Directions Youth Services</p> <p>Directions Youth Services offers a range of programs and services to support youth under the age of 25 who are in crisis, experiencing homelessness, or are precariously housed as a result of abuse, neglect, substance use or mental health challenges. We welcome and serve all youth.</p>	<p>T: 604 633 1472</p> <p>@directionsyouthservices</p>
FAMILY SERVICES	<p>Providing Resources and Independence for Youth Development (PRIYD) is a program designed for children and youth with support needs (CYSN) who are between the ages of 7 and 19. A referral from the Ministry of Children and Family Development (MCFD) is required for participation.</p>	<p>breilly@fsgv.ca</p> <p>T: 604 900 6144</p>
ISS	<p>Multicultural Youth</p> <p>Designed for newcomer youth to connect with other youth and develop new skills.</p>	<p>Email or call us</p> <p>Vancouver: MYCircleVan@issbc.org 604-684-7498</p> <p>New Westminster/Burnaby: MYCircleNWBby@issbc.org 604-522-5902</p> <p>Tri-cities: MYCircleTriCities@issbc.org 778-383-1438</p> <ul style="list-style-type: none"> ○ are an immigrant and refugee youth between the ages of 14 and 24, living in Metro Vancouver ○ individuals who have been selected to become permanent residents and who have been informed by a letter from IRCC ○ protected Person as defined in S. 95 of IRPA ○ live-in Caregiver or Temporary Foreign Worker ○ permanent resident

		<ul style="list-style-type: none"> o provincial nominees who are still awaiting a letter of approval for permanent residency from IRCC o naturalized Canadian citizen
ISS	Youth Peer Leaders Training program For newcomer youth interested in becoming peer leaders in their communities.	tamala.mwandemere@issbc.org <ul style="list-style-type: none"> o Permanent Resident, Government Assisted Refugee, Naturalized Citizen o Youth aged 14-24
ISS	Youth In Tech Build your digital skills, meet industry leaders and launch a rewarding career in tech through this no-cost, six-month program for newcomer youth.	youthintech@issbc.org <ul style="list-style-type: none"> o An immigrant or refugee youth ages 17 to 29 o Unemployed or not in stable employment o Canadian Citizen, Permanent Resident or Protected Person legally entitled to work in Canada o Not a full-time student o Not participating in another provincially or federally funded labour market program o CLB level 6 or higher o Computer literate with intermediate skills o Living in Metro Vancouver o Strong motivation to obtain training and employment in the Tech sector
LOWER MAINLAND PURPOSE SOCIETY	Youth Source and Youth Clinic Youth Source utilizes a ‘one stop shopping’ approach by providing youth with a variety of services in one place. At Youth Source, there is a warm, welcoming atmosphere where free, confidential information and education regarding sexuality and health to youth 21 and under is provided.	Tel: 604 526 2522 Email: mail@purposesociety.org
LOWER MAINLAND PURPOSE SOCIETY	Burnaby YOUTH HUB The Burnaby Youth Hub is a safe, inclusive space where youth can access a variety of resources, programs, and services for their personal health, development, and well-being. http://www.burnabyyouthhub.org/	Tel: 604 526 2522
LOWER MAINLAND PURPOSE SOCIETY	Learning Lifeskills Learning Lifeskills is a youth oriented program created for adolescents age 13-18. Youth are encouraged to be hands-on in their own personal development—with the goal of increasing self-efficacy, confidence, and building practical, transferable skills.	604.526.2522
LOWER MAINLAND PURPOSE SOCIETY	Purpose Independent Secondary School Purpose Independent Secondary School is dedicated to meeting the needs of students who for a variety of reasons have chosen to pursue their education in a tuition free independent	Tel: 604 526 2522 Email: mail@purposesociety.org

	school setting. The students benefit from smaller classes in a relationship-based learning environment where students feel both emotionally and physically safe to learn.	
LOWER MAINLAND PURPOSE SOCIETY	<p>Purpose Independent Secondary School</p> <p>Purpose is an independent school that serves students who choose to continue their education in a school that tailors curriculum for learning success.</p>	778-727-3410
MOSAIC	<p>Jobs for Youth in BC</p> <p>The <u>MOSAIC Fast Track to Manufacturing (F2M) Program</u> helps youth (age 17-29) learn about careers in Canada. Many receive full-time jobs after completing the program.</p> <p>Newcomer youth get:</p> <ul style="list-style-type: none"> • 3 weeks paid employment readiness workshops • 3 weeks paid skills training • first aid and WHMIS (Workplace Hazardous Materials Information System) certificates • financial support for training, transportation, certification, and equipment. • personalized career path plan • 12 weeks job support 	<p>f2m@mosaicbc.org</p> <p>604-351-9665</p> <ul style="list-style-type: none"> ○ <i>between 17-29 years old</i> ○ <i>a Canadian, permanent resident or protected person legally entitled to work in Canada</i> ○ <i>not a full-time student</i> ○ <i>not participating in other government-funded labour market programs</i> ○ <i>unemployed or underemployed</i> ○ <i>living in British Columbia</i>
MOSAIC	<p>Promoting Healthy Youth Relationships</p> <p>The <u>Multicultural Youth & Safe Relationships Project</u> supports healthy teen relationships. Learn about our workshops and events for immigrant youth aged 11-14.</p>	<p>Ashleen Pratap, Facilitator, apratap@mosaicbc.org</p> <ul style="list-style-type: none"> ○ <i>youth aged 11-14</i> ○ <i>immigrants and refugees</i> ○ <i>any cultural background</i>
MOSAIC	<p>Newcomer Youth Programs</p> <p><u>Moving Ahead: FreeRunning Program</u> <u>Newcomer Youth Programs</u></p> <p>Are you a youth (age 16 – 28) struggling to adapt to Canada? Moving Ahead FreeRunning newcomer youth programs will help you get the skills you need to succeed.</p> <p>This program helps vulnerable immigrant and refugee youth who struggle to adjust to life in Canada. Support is available to find a job, socialize, and gain life and leadership skills.</p> <p>Services are available in Amharic, Dari, Farsi, Pashto, Tigrigna, Arabic, Turkish, French and English.</p>	<p>movingahead@mosaicbc.org</p> <p>604-636-4712</p> <p>This Newcomer Youth Program is for youth who struggle with:</p> <ul style="list-style-type: none"> ○ <i>finding a job</i> ○ <i>adjusting to Canadian culture</i> ○ <i>leadership, social, or basic computer skills</i> ○ <i>low level of education or none</i> ○ <i>want to learn about Canadian social norms</i> ○ <i>skills or career training</i> ○ <i>feelings of isolation or lack of social support</i>
S.U.C.C.E.S.S	<p>Chance to Choose: A Youth Employment Program</p> <p>Youth explore career pathways, enhance their employability and life skills, and achieve success</p>	<p>Chance to Choose (C2C) Burnaby Service Centre</p> <p>604-438-7222</p> <p>chancetochoose@success.bc.ca</p>

	<p>in the local labour market through our 12-week integrated training and work experience program.</p>	<p>Chance to Choose (C2C) Tri-Cities Service Centre 604-474-3140 chancetochoose@success.bc.ca</p> <ul style="list-style-type: none"> ○ <i>Legally allowed to work in Canada</i> ○ <i>Canadian citizen, permanent resident, or refugee status (with permanent residency and permanent SIN)</i> ○ <i>Between ages of 15 to 30 years (inclusive)</i> ○ <i>Flexible schedule and commitment throughout the program</i> ○ <i>Preferably no previous enrollment in a similar employment program</i>
<p>S.U.C.C.E.S.S</p>	<p>Self-Employment Training for Young Entrepreneurs</p> <p>Young entrepreneurs achieve their self-employment goals through our specialized services that enhance their professional knowledge, skills, and connections for business success in BC.</p>	<p>236-317-4188 ext. 2103 or ext. 2105 bizsupport@success.bc.ca</p>
<p>S.U.C.C.E.S.S</p>	<p>Settlement Workers in Schools</p> <p>Newcomer families enhance their settlement and integration in Maple Ridge and Pitt Meadows by accessing a wide range of school-based settlement services.</p>	<p>bcsis@success.bc.ca</p> <p><i>Newcomer families with school age children enrolled in School District 42 in Maple Ridge and Pitt Meadows:</i></p> <ul style="list-style-type: none"> ○ <i>Permanent residents of Canada</i> ○ <i>Protected persons as defined in section 95 of the Immigrant & Refugee Protection Act (IRPA)</i> ○ <i>Individuals selected to become permanent residents by Immigration, Refugees & Citizenship Canada (IRCC)</i> ○ <i>Live-in caregivers with a work permit under section 112 of the Immigration & Refugee Protection Regulations (IRPR)</i> ○ <i>Temporary foreign workers (work permit holders)</i> ○ <i>BC provincial nominees who are not yet approved for permanent residency</i> ○ <i>Refugee claimants</i>
<p>S.U.C.C.E.S.S</p>	<p>Youth Employment Connect – Training for Jobs</p> <p>Youth explore and advance their careers in the growing marketing and sales or information and communication technology sectors of BC. Our integrated program offers three weeks of skills training along with coaching and financial supports.</p>	<p>604-468-6007 youthemploymentconnect@success.bc.ca</p> <ul style="list-style-type: none"> ○ <i>Between the ages of 17 to 29 (inclusive)</i> ○ <i>Canadian citizen, permanent resident, or protected person</i> ○ <i>Unemployed or underemployed</i> ○ <i>Not a full-time student</i> ○ <i>Not participating in another provincial or federal labour market program</i> ○ <i>Resident of Metro Vancouver</i>

		<ul style="list-style-type: none"> ○ <i>Have a background or interest in the marketing and sales sector or information and communication technology sector</i>
S.U.C.C.E.S.S	Youth Leadership Millennium Empowering youth by helping them develop core leadership skills, integrity, and compassion through experiential learning and mentorship.	236-881-1681 youth.leadership.millennium@success.bc.ca <ul style="list-style-type: none"> ○ <i>Anyone between ages of 15 to 30 years</i> ○ <i>Canadian citizens or permanent residents</i> ○ <i>Reside in Metro Vancouver</i>

